



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**

**SCHOOL OF HEALTH SCIENCES**

**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE**

**PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT**

**4<sup>th</sup> YEAR 2<sup>nd</sup> SEMESTER 2019/2020 ACADEMIC YEAR**

**SPECIAL EXAMINATIONS NOV. 2020**

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**COURSE CODE:** HCD 3421

**COURSE TITLE:** Mental Health

**EXAM VENUE:** STREAM: BSc Public/ Comm. Hlth & Dev

**DATE:** **EXAM SESSION:**

**TIME: 2.00 HOURS**

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**Instructions:**

- 1. Answer all the questions in Section A and 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

**SECTION A: 30 MARKS**

1. State **FIVE** early warning signs of a mental health problem (**5mks**).
2. State **FOUR** ways of maintaining positive mental health (**4mks**).
3. Name **THREE** signs of anxiety disorders (**3mks**).
4. State **FIVE** objectives of the mental Health services (**5mks**)
5. List **THREE** barriers to mental health service delivery (**3mks**)
6. State the importance of mental health policy (**5mks**)
7. State **FIVE** key steps in advancement of mental health policy (**5mks**)

**SECTION B ESSAY. ANSWER ANY TWO QUESTIONS (40MKS)**

8. With relevant examples discuss FIVE major classifications of mental disorders (**20mks**)
9. Discuss the mental multilevel framework for determinants of mental disorders (**20mks**)
10. Discuss the process of developing a mental health policy (**20mks**)
11. a) Discuss the TWO common mood disorders (**10mks**).  
b) Explain FIVE major mental health service elements (**10mks**)

.....**END GOOD LUCK** .....