JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF HEALTH SCIENCES

UNIVERSITY EXAMINATION FOR BACHELOR OF SCIENCE IN COMMUNITY HEALTH AND DEVELOPMENT

4TH YEAR 2ND SEMESTER 2022/2023 ACADEMIC YEAR

KISUMU

COURSE CODE: HCB 2402

COURSE TITLE: MENTAL HEALTH

EXAM VENUE: STREAM: (BSc. C.Hlth &Dvpt.)

DATE: EXAM SESSION: DEC 2022

TIME: 2.00 HOURS

Instructions:

1. Answer all the questions in Section A and ANY other 2 questions in Section B.
2. Candidates are advised not to write on the question paper.
3. Candidates must hand in their answer booklets to the invigilator while in the examination room.

SECTION A (30marks)

1. Distinguish between mental ill health and mental illness   (3marks)

2. Explain the importance of classifying mental disorders   (3 marks)

3. Explain TWO (2) systems of classifying mental disorders   (3marks)

4. Describe THREE (3) biological factors that predispose individuals to mental illness
                                                                                (3marks)

5. Children can only be diagnosed with behavioural disorders and NOT personality disorders. Explain.   (3marks)

6. Explain the community mental health services approach   (3marks)

7. Explain the concept of task shifting   (3marks)

8. Outline THREE (3) tasks that can be shifted to CHWs for mental healthcare provision

   (3marks)

9. Explain the importance of a mental health treatment plan   (3 marks)

10. List THREE (3) psychological techniques that can be used to assist a person with a mental   disorder
    (3marks)

SECTION B Answer question ONE (1) and any OTHER question in this section (40 MARKS)

1. Consider the illustrations of mental disorders provided below and carefully analyze each case.

a.   b.

c.

d.

For each of the cases above:

a) Identify the mental disorder   (4marks)

b) State THREE symptoms of the identified mental disorder   (12marks)

c) Explain ONE way that the identified mental disorder can be handled   (4marks)

2. As the community health officer in Maneno County, you are expected to train the community health volunteers in your community health units on mental health.

a) Explain   FIVE   (5)   social   factors   that   cause   mental   disorders (3marks)

b) Outline TEN (10) early warning signs they can use to identify people with a mental disorder
(10marks)

3. You are part of the newly appointed team to mitigate high mental disorder cases in Mlachake village. As a community health worker, describe FIVE (5) psychological strategies you will use to deal with people with mental disorders in Mlachake village   (20 marks)