

SECTION A: Answer all questions in this section (30 marks)

1. Mention any Three Factors Contributing to need of Counselling in the Community (3 Marks)
2. Mention any Three theories used in counselling (3 Marks)
3. What is your understanding of the following:
 - a) Counselee
 - b) Counsellor
 - c) Why Counselling Theory? (3 Marks)
4. Explain any
 - a) Role of Counselling Records
 - b) Two Dilemas faced/uncertainty that a Counsellor can encounter during session (3 Marks)
5. Explain any Three benefits of silence skill/technique when applied during crisis management (3 Marks)
6. Describe the Three main Challenges in Community Based Counselling (3 Marks)
7. Illustrate three main reasons why confidentiality is key in Community Based Counselling (3 Marks)
8. Highlight the Aspects that Counselling is not about. (3 Marks)
9. Highlight any Three Self Awareness questions for personal reflection (3 Marks)
10. State
 - a) The importance of Questioning skill in Counselling
 - b) The Two Types of Questioning in Counselling (3 Marks)

SECTION B Answer any two Questions (30 Marks)

11. Ethics in Counselling provide a Framework for Counsellors to Consult when faced with Dilema or to promote quality standards when need be; Discuss
 - a) The benefits of Counselling Ethics (5 Marks)
 - b) Principles of Counselling Ethics (10 Marks)
12. During the Counselling process, there are various stages the counselor supports the client to go through, discuss and give relevant examples.
13. Theories provides basis upon which counselling practice is founded; Psycho-Analytic theory was founded by a Jew who lived in Germany, the fother of psychology.
 - a) Explain its Basic Assumptions (5 Marks)
 - b) Psycho-sexual stages (10Marks)