

## JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

# SCHOOL OF HEALTH SCIENCES

### UNIVERSITY EXAMINATION FOR DIPLOMA IN COMMUNITY HEALTH AND

DEVELOPMENT

# 2<sup>nd</sup> Year 1<sup>st</sup> SEMESTER 2023/2024 ACADEMIC YEAR

MAIN/KISUMU CAMPUS

COURSE CODE: HDC 2122

COURSE TITLE: NUTRITION IN COMMUNITY HEALTH

**EXAM VENUE:** 

STREAM:

DATE:

EXAM SESSION: Sep-Dec 2023

TIME: 2.00 HOURS

#### Instructions:

- i. Answer questions **ONE** and any other **TWO**.
- ii. Candidates are advised not to write on the question paper.
- iii. Candidates must hand in their answer booklets to the invigilator while in the examination room.

# QUESTION ONE (30 Marks)

for Height Z score in children screening       (3 Marks)         (b) List THREE characteristic features of seasonal food insecurity       (3 Marks)         (c) Identify THREE benefits of exercise in weight management       (3 Marks)         (d) State any THREE uses of dietary reference tables       (3 Marks)         (e) Define:       (1 Mark)         (ii) Nutrition Status       (1 Mark)         (iii) Protective Foods       (1 Mark)         (iii) Anthropometry       (1 Mark)         (f) List THREE factors responsible for zinc deficiency during pregnancy       (3 Marks)         (g) State THREE roles of vitamin C in the human body       (3 Marks)         (i) Mention THREE clinical indicators of Vitamin A deficiency       (3 Marks)         (i) Mention THREE methods that can be used in community nutrition assessment       (3 Marks)         (j) Name THREE methods that can be used in community nutrition assessment       (3 Marks)         (b) Describe FIVE factors on how HIV affects nutrition       (10 Marks)         (b) Describe FIVE consequences of Protein deficiency in young children (10 Marks)       (b) Explain FIVE considerations in the preparation of complementary diets         (a) Explain FIVE considerations in the preparation of complementary diets       (10 Marks)         (b) Explain FIVE risk factors for developing hypertension       (10 Marks)         (b) Describe any FIVE lifestyle modificatio	(a	) Identi	fy TH	REE a	dvantag	ges of using	g Mid-Upper A	rm Circ	cumfe	rence	unlike we	eight
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