



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR DEGREE OF BACHELOR OF SCIENCE**  
**COMMUNITY HEALTH AND DEVELOPMENT**  
**4<sup>th</sup> YEAR 2<sup>ND</sup> SEMESTER 2023/2024 ACADEMIC YEAR**  
**MAIN/KISUMU**

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<b>COURSE CODE:</b>	<b>HCB 2402</b>
<b>COURSE TITLE:</b>	<b>MENTAL HEALTH</b>
<b>EXAM VENUE:</b>	<b>STREAM: (BSc Env. Hlth/Comm Hlth &amp; Dev)</b>
<b>DATE:</b>	<b>EXAM SESSION:</b>
<b>TIME:</b>	<b>2.00 HOURS</b>

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**Instructions:**

- 1. Answer all the questions in Section A each contains 3 marks Total 30 Marks and ANY other two questions in Section B each contains 20 marks**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

**SECTION A. 30 MARKS**

**ANSWER ALL QUESTIONS**

1. Define mental health (3 marks)
2. Discuss the classes of mental health disorders? (5 marks)
3. What are the SIX categories of mental health disorders? (5 marks)
4. State THREE signs of schizophrenia disorder? (3 marks)
5. Describe the treatment options of mental health problems (5 marks).
6. What are the biological factors involved in causation of mental health illness? (6 marks)
7. State THREE signs of depression disorders (3 marks)

**SECTION B ESSAY. 40 MARKS**

**ANSWER ANY TWO QUESTIONS FROM THIS SECTION**

1. Discuss the process of development of mental health policy (20 marks)
2. Discuss 5 major classes of mental health disorders, giving examples in each case (20)
3. i.) Barriers of mental health service delivery (10 marks)  
ii.) Objectives of mental health services (10 marks)
4. How can mental health be integrated in public health system (20 marks)
5. Discuss the public health significance of mental health management (20 marks).