



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
4TH YEAR 1ST SEMESTER 2017/2017 ACADEMIC YEAR
MAIN CAMPUS-SCHOOL BASED

COURSE CODE: PSY 411

COURSE TITLE: GUIDANCE AND COUNSELLING

EXAM VENUE: --

STREAM: (BEd. Arts)

DATE: 22/12/17

EXAM SESSION: 2.00 – 4.00PM

TIME: 2 HOURS

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

Question One

- a) Identify **four (4)** characteristics of counseling as a relationship process (4 mks)
- b) Mention **four (4)** areas that a school counselor would address with learners to enhance educational development (4 mks)
- c) Explain **three (3)** differences between guidance and counseling (6 mks)
- d) State **five (5)** reasons why self awareness is important in the counseling process (5 mks)
- e) Outline **six (6)** possible signs a school counselor may look for in learners who may be in need of counseling (6 mks)
- f) Suggest **five (5)** resources that may be required in a functional guidance and counseling department (5 mks).

Question Two

Policy makers in the educational sector are convinced that guidance and counseling programs are a crucial part of services offered in schools to ensure attainment of full potential of learners.

Explain **ten (10)** reasons why guidance and counseling should be offered in schools (20 mks).

Question Three

Many children who report to school for learning come from family backgrounds that were largely harsh and unwelcoming. Such backgrounds are responsible for low self-esteem and poor performance experienced by such children.

Describe **five (5)** ways in which such families may create low self-esteem in children (10 mks)

Explain **five (5)** attitudes a school counselor may foster to help such children develop positive self-image (10 mks).

Question Four

Since the 1970s when formal guidance and counseling in Kenyan schools was officially recognized, progress has been slow, and implementation has been haphazard.

Explain **ten (10)** factors that have hindered growth of guidance and counseling in education institutions in Kenya (20 mks).

Question Five

You have been recently appointed to Head the Guidance and Counseling Department of your school.

- (a) Outline the steps you would follow in developing the departmental plan (10 mks).
- (b) Describe the components of the guidance and counseling department that would form the focus of your attention (10 mks).