

# JARAMOGI ODINGA OGINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY SCHOOL OF EDUCATION

### UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION

## 4<sup>TH</sup> YEAR 2<sup>ND</sup> SEMESTER 2017 ACADEMIC YEAR

#### **UGUNJA SCHOOL BASED**

**COURSE CODE: EEC 3321** 

COURSE TITLE: MATERNAL, CHILD HEALTH AND NUTRITION

EXAM VENUE STREAM : (Bed. Arts/Science)

DATE: 19/12/17 EXAM SESSION: 9.00 – 11.00AM

**TIME: 2 HOURS** 

#### **Instructions**:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions
- 2. Candidates are advised not to write on the questions paper
- 3. Candidates must hand in answer booklets to the invigilator while in the examination room

#### **Question 1**

a) Define the following terms

Nutrition

Health

Care

(6mks)

- b) Explain the components of a balanced diet to the child (5mks)
- c) Identify the three symptoms of anemia among young children (3mks)
- d) Suggest five ways of preventing intestinal worms in children (5mks)
- e) Outline five factors to be considered when buying fresh fruits (5mks)
- f) Explain the meaning of prenatal care and what is involved (6mks)

#### **Question 2**

a) compare traditional and modern child rearing practices in Kenya (10mks)

b)explain any three symptoms of common childhood diseases among children (10mks)

#### **Question 3**

a)design three strategies for improving health and nutrition of the child and the family (10mks) b) explain five elements of primary health care (10mks)

#### **Question 4**

a)describe five strategies for promoting primary health care (10mks)

b) explain three major ways of food preparation appropriate to the child

#### **Question 5**

a) discuss five factors to consider when preparing food feeding programmes
(10mks)
b) what are the basic elements of child safety and protection
(10mks)

(10mks)