



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF AGRICULTURAL AND FOOD SCIENCES
UNIVERSITY EXAMINATION FOR DEGREE OF BACHELOR OF SCIENCE IN
FOOD SECURITY
2RD YEAR 2ND SEMESTER 2017/2018 ACADEMIC YEAR
REGULAR

COURSE CODE: AFB 3223: COURSE TITLE: NUTRITIONAL ANTHROPOLOGY 1

EXAM VENUE: **STREAM: (BSc. Food Security)**

DATE: **EXAM SESSION:**

TIME:

Instructions

- 1. Answer ALL questions in Section A (compulsory) and ANY TWO questions in Section B**
 - 2. Candidates are advised not to write on the question paper**
 - 3. Candidates must hand in their answer booklets to the invigilator while in the examination room**
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BSC FOOD SECURITY Y2S2

SECTION A: ANSWER ALL QUESTIONS (30 MARKS)

1. List and explain **Three (3)** ways in which your own culture has helped shape your personal food experiences (6 Marks)
2. Describe **Three (3)** eating habits that can benefit health and lifestyle from the indigenous tribes around the world (6 Marks)
3. Give **Three (3)** reasons how particular foods become associated with nations or peoples (6 Marks)
4. Give details of the foodways influenced by Hindu and Seventh Day Adventists and give your informed opinion on the advantages and disadvantages. (6 Marks)
5. Discuss the similarities in ways foods are prepared by communities in coastal towns. (6 Marks)

SECTION B: ANSWER ANY TWO QUESTIONS (40 Marks)

6. Identify and describe five (5) health benefits and five (5) health risks of the fast food (20 marks)
7. Discuss the four personal experiences:
 - a. Ethnic food from your cultural background (5 Marks)
 - b. New food from a different culture (5 Marks)
 - c. Popular foods that are calorie dense (5 Marks)
 - d. Foods that are nutrient dense. (5 Marks)
8. Discuss how have global food systems have impacted local food traditions? (20 marks)