



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND  
TECHNOLOGY  
SCHOOL OF EDUCATION  
UNIVERSITY EXAMINATION FOR DIPLOMAIN EDUCATION  
SPECIAL NEEDS EDUCATION  
2<sup>ND</sup> YEAR 1<sup>ST</sup> SEMESTER 2016 ACADEMIC YEAR  
MAIN CAMPUS REGULAR**

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**COURSE CODE: DSN 2216**

**COURSE TITLE: RECREATION AND PHYSICAL EDUCATION**

**EXAM VENUE:**

**STREAM:**

**DATE:**

**EXAM SESSION:**

**TIME:**

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**Instructions:**

- 1. Answer question 1 (compulsory) and any other 2 questions.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

### QUESTION ONE:

- a. Define the term Physical Education (2marks)
- b. Discuss the four areas which can facilitate independent living for children with special needs in education through the physical education and recreational activities. (12marks)
- c. Distinguish between the following:
  - i. Adapted Physical Education
  - ii. Corrective Therapy
  - iii. Remedial Physical Education (6mks)
- d. Discuss any five areas of environment in physical education you can adapt to meet the needs of learners with special needs (10marks)

### QUESTION TWO:

- a. Explain five rules you can exempt players with mobility aids in football (10mks)
- b. Describe the two equipment and materials you can adapt for learners with special needs in netball (4mks)
- c. Mention the locally available materials you can use for adaptation of P.E equipment (2mks)
- d. Briefly explain the two important instructional techniques in Adapted Physical Education (4mks)

### QUESTION THREE:

- a. Describe any four functions of therapeutic exercises to children with special Needs in education. (8marks)
- b. Discuss the two modes of inclusion of learners with special needs in sports. (4mks)
- c. Outline and briefly explain the four important aspects you may consider when assessing for adaptation. (8mks)

### QUESTION FOUR:

- a. Define the term recreation (2marks)
- b. Give four advantages of recreation and leisure. (4marks)
- c. Mention three types of music (3marks)
- d. Discuss any four activities in the community which may be used for recreation and leisure. (8mks)
- e. Highlight the challenges that the organizations for Sports encounter when coordinating their activities (3marks)

### QUESTION FIVE:

- a. How many lessons of P.E are taught in:
  - i. Lower primary
  - ii. Upper primary
  - iii. Secondary (3mks)
- b. What are the determinants of Adapted Physical Education scheme of work? (4mks)
- c. In class three schemes of work, explain how many activities you can cover. (3mks)
- d. List the six apparatus you can use in teaching P.E in your class. (6mks)
- e. Write four activities involving working in pairs (4mks)