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SCHOOL OF HEALTH SCIENCES
HCD 3421: Mental Health
END OF SEMESTER EXAM DECEMBER 2013

SECTION A: Answer ALL questions in this section (3 Marks each).

1. Define mental illness and briefly describe how people with mental disorders present

2. List and briefly explain three advantages of community care for people suffering from mental illness

3. List and briefly describe 3 common symptoms or signs of psychosis

4. Briefly describe how mental disorders are treated

5. Define mental health services and use examples to describe how they are organized

6. List challenges associated with applying epidemiological research methods to the study of mental disorders

7. Briefly describe the key elements of a successful national mental service delivery model

8. Briefly explain the following three concepts
   a. Deinstitutionalization of mental health care
   b. Integration of mental health into general health care
   c. Development of community mental health services

9. List and briefly describe 3 essential steps in the development of a mental health policy

10. Using an example, briefly describe how you would determine the prevalence of mental disorder in a population

SECTION B

Answer any two questions from this section (20 marks)

1. Explain how mental illnesses are classified

2. Discuss the merits and demerits of institutionalized care for people with mental illness

3. Discuss current evidence that explain the etiology of mental disorders

4. Write an essay on how culture affects the care for people suffering from mental disorder