



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
(ARTS) WITH IT
4THYEAR 1ST SEMESTER 2016/2017 ACADEMIC YEAR
KISII CAMPUS-FULLTIME

COURSE CODE: PSY 411

COURSE TITLE: GUIDANCE AND COUNSELLING

EXAM VENUE: LR 17

STREAM: (BED)

DATE: 15/12/16

EXAM SESSION: 2.00 – 4.00PM

TIME: 2 HOURS

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

QUESTION 1

- a) Differentiate between guidance and counseling (4mks)
- b) List any two goals of guidance (2mks)
- c) Discuss any five goals of counseling (10 mks)
- d) Briefly discuss four characteristics of an effective counselor in school (4 mks)
- e) Briefly discuss importance of Guidance and Counseling to our school children (10 mks)

QUESTION 2

- a) Discuss any five Problems that require counseling (10 mks)
- b) Discuss the importance of listening in counseling (10 mks)

QUESTION 3

Briefly discuss the three stages of the helping model and explain what happens in each stage (20 mks)

QUESTION 4

- a) Briefly discuss the problems likely to be faced in running Guidance and Counseling programme in schools (10 mks)
- b) Confidentiality is the ability to keep secrets. Discuss any five instances when confidentiality can be broken. (10 mks)

QUESTION 5

- a) Briefly discuss the history of Guidance and Counseling in Kenya. (10 mks)
- b) Cliff a form two student who has issues with performance comes to you for counselling. Discuss the techniques you would use to counsel this student. (10 mks)