



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE &
TECHNOLOGY UNIVERSITY EXAMINATIONS 2012/2013**

**1ST YEAR 2ND SEMESTER EXAMINATION FOR THE MASTER IN
EDUCATION GUIDANCE AND COUNSELLING**

(KISUMU L.C. SCHOOL BASED)

COURSE CODE: EPY 808

**COURSE TITLE: INTENTIONAL INTERVIEWING IN GUIDANCE AND
COUNSELLING**

DATE: 28/8/13

TIME: 9.00 – 12.00 NOON

DURATION: 3 HOURS

INSTRUCTIONS

This paper contains five (5) questions.

Answer any three questions.

Write all answer in the booklet provided.

Question one

- a. Describe **five** common issues for which people seek counselling. (10marks)
- b. Distinguish between counselling and psychotherapy. (5marks)
- c. Explain the difference between individual and group counselling. (5marks)

Question two

Write a simulated counselling interview with a client that lasts 15minutes showing how the following skills are used:

- Observing – use the manifest, subjective and diagnostic behaviours
- Questioning
- Encouraging
- Paraphrasing
- Noting
- Reflection feelings
- Summarizing
- Feed back and clarifying
- Self disclosure
- Effective inquiry. (20marks)

Question three

Critique the ethical issues that the counsellor should bear in mind when conducting interviews with clients. (20marks)

Question four

- a. Explain the methods/ways of summarizing an interview. Give Examples. (5marks)
- b. Using relevant examples, discuss the stages of a counselling relationship. (15marks)

Question five

- a. Explain the meaning of “feedback” as used in intentional interviewing. (4marks)
- b. Evaluate **four** factors in the counselling process that influence and produce change for the client and counsellor. (16marks)