INSTRUCTIONS

1. This paper consists of 5 Questions.
2. Answer Question 1 (Compulsory) and any other 2 questions
3. Write your answers on the answer booklet provided
1. (a) Using relevant examples, briefly define and explain the following terms as used in human growth and development (15 marks)
   (i) Growth
   (ii) Development
   (iii) Lifespan
   (iv) Maturity
   (v) Nature and Nurture

   (b) Explain the factors affecting human growth and development (15 marks)

2. Discuss Jean Piaget’s theory of cognitive development (20 marks)

3. Discuss the psychosexual theory of personality development according to Sigmund Freud (20 marks)

4. Discuss the nature verses nurture argument and its implication to human growth and development (20 marks)

5. What are the challenges faced by adolescents in the process of growth and development and how these challenges can be addressed in the school environment (20 marks)