



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF EDUCATION

UNIVERSITY EXAMINATION FOR THE DIPLOMA IN SPECIAL NEEDS

EDUCATION

2ND YEAR 1ST SEMESTER 2018/2019 ACADEMIC YEAR

MAIN CAMPUS REGULAR

COURSE CODE: ESN 2216

COURSE TITLE: PHYSICAL EDUCATION AND RECREATIONAL ACTIVITIES.

EXAM VENUE:

STREAM: (DIP. SNE)

DATE:

EXAM SESSION:

TIME: 1 ½ HOURS

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

QUESTION ONE

- a. Explain the following terms as used in Physical Education. (3 marks)
- i. Adapted Physical Education
 - ii. Remedial Physical Education
 - iii. Adaptation
- b. Highlight FOUR social benefits of recreational and physical activities. (4marks)
- c. You have been posted by Teachers Service Commission in special school where you are in charge of Physical Education. Describe how you will organize P.E lessons to ensure it they serve the Therapeutic, Corrective and Remedial roles. (5marks)
- d. Outline four principles that you will rely on when implementing the measures outlined in 1 (c) above. (4marks)
- e. Therapeutic role of Physical Education can be achieved through Physical exercises and water activities, such as swimming particularly hydrotherapy. Discuss how a child with disability can benefit from such activities. (4 marks)
- f. You have been newly posted to a special school for learners having special needs and/or disabilities. Using three reasons, account for the need of having Adapted Physical Education in the school. (6 marks)
- g. Describe the two (2) communication techniques employed in Adapted Physical Education. (4 marks)

QUESTION TWO

You are one of the referees in a tournament of schools for learners with special needs and/or disabilities. Discuss how you will adapt the rules of the games and sports during the tournament.

(20 marks)

QUESTION THREE

- a. As a specialist in the field of Physical Education, describe how you will organize seated volleyball for learners with special needs and/or disabilities. (10marks)
- b. Outline five rules in soccer which the learner with special needs and/or disabilities may be exempted from. (5marks)

- c. **Identify** five adaptations you can make on netball game to ensure learners with special needs are also able to enjoy the activity to the maximum. (5marks)

QUESTION FOUR

- a. **List** FOUR activities involved in jumps. (4 marks)
- b. **Described how you can adapt** the mentioned in 4 (a) above for learners with special needs and/or disabilities. (4 marks)
- c. Mention 3 indoor games. (3marks)
- d. **Outline the** procedure involved in adapting the indoor games. (4 marks)
- e. **In** implementing the procedure in 4 (d) above, one is supposed to be guided by principles of adapting indoor games. Highlight FIVE of these principles. (5marks)

QUESTION FIVE

- a. **How** many lessons of P.E are taught in:
- i. **Lower primary**
 - ii. Upper primary
 - iii. Secondary
- (3marks)
- b. **What** are the determinants of Adapted Physical Education scheme of work? (4marks)
- c. In class three schemes of work, explain three activities you can cover. (3marks)
- d. List the six apparatus you can use in teaching P.E in your class. (6marks)
- e. Write four activities involving working in pairs (4marks)