Instructions:

1. Answer all questions in section A and any other 2 questions in Section B.

2. Candidates are advised not to write on the question paper

3. Candidates must hand in their answer booklets to the invigilator
1. Explain THREE aims of ante-natal care (3 Marks)
2. Explain THREE hormones that regulate the female reproductive system (3 Marks)
3. Explain THREE Presumptive signs of pregnancy (3 Marks)
4. Explain THREE Physiological changes during pregnancy (3 Marks)
5. Explain how to perform the APGAR score the baby at birth (3 Marks)
6. Describe THREE Messages to share with a pregnant mother during the last trimester of pregnancy (3 Marks)
7. Describe THREE Factors influencing good nutrition among children (3 Marks)
8. Explain THREE causes of per vaginal bleeding during Pregnancy (3 Marks)
9. Describe THREE factors to improve immunization coverage in the community (3 Marks)
10. Explain THREE factors influencing child mortalities in Kenya (3 Marks)

SECTION TWO

1. Explain the management of a woman during second stage of labour. (20 Marks)
2. Discuss factors influencing the outcome of a pregnancy (20 Marks)
3. Describe the Eight Pillars of Safe Motherhood (20 Marks)
4. Discuss the primary ways to curb maternal mortalities (20 Marks)
5. Discuss the elements for essential obstetric care (20 Marks)