



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF PUBLIC HEALTH AND COMMUNITY DEVELOPMENT

UNIVERSITY EXAMINATION FOR THE BACHELOR DEGREE IN COMMUNITY HEALTH AND DEVELOPMENT

2ND YEAR 2ND SEMESTER 2018/2019

KISUMU LEARNING CENTRE

COURSE CODE: HCD 3224

COURSE TITLE: COMMUNITY BASED HEALTH CARE

EXAM VENUE: STREAM _____

DATE: _____ EXAM SESSION: _____

TIME: TWO HOURS

Instructions:

- 1. Answer all questions in section A and any other 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room**

SECTION A: ATTEND TO ALL THE TEN QUESTIONS (30 MARKS)

1. Through definition differentiate the following programs in health
 - a) *Primary Health Care* (1mark)
 - b) *Community-based health care* (1mark)
 - c) *Community strategy* (1mark)

2. Enumerate any six rationale behind introduction of **Home-Based Care** in Kenya (3marks)

3. Community based health care has been in existence since 1995, however, the Kenya government went ahead and introduced Community strategy:
 - *State any three rationales behind the introduction of Community strategy* (3mark)

4. Describe any three Principles of Primary Health care (3marks)

5. Explain any three factors which contribute to the changing trends in public health and population structure in Kenya (3marks)

6. Through definition describe the following factors in PRECEDE- PROCEED with one example each:
 - *Predisposing factors* (1mark)
 - *Reinforcing factors* (1mark)
 - *Enforcing factors* (1mrk)

7. Provide two similarities and one difference between the following terminologies in home based care
 - *Self care and Positive living* (3marks)

8. Home based care programs require active involvement of local community at all stages. Enumerate any three relevance of community involvement in these programs (3marks)

9. Explain why you may encourage a program manager to monitor and evaluate a health program in a community (.i.e. six points). (3marks)

10. List any six principles of Community based health care (3marks)

SECTION B: ATTEND TO ANY TWO QUESTIONS IN THIS SECTION (40 MARKS)

1. Following a literature review, you established that Kisumu City has a very high prevalence of HIV clients compared to other regions. You then felt the need of initiating a Home based Care Program at Manyatta Estate in Kisumu City;
 - a) *Enumerate ten main steps you may be expected to undertake to initiate a sustainable Community Based Health Care Program in this community that shall address the phenomena* (10 marks)
 - b) *Describe five benefits of conducting a needs assessment in such a situation* (10 marks)

2. Discuss in details how you can apply any five Principles of Community Based Health Care in a health program you coordinate in the community(20 marks)
3. Diseases control / Prevention is a core duty of a Public Health Officer:
- a) Discuss five **conceptual approaches** you would adapt to control a communicable disease in an area
(10 marks)
- b) State ten possible control measures/ approaches of non-communicable diseases in a society
(10marks)
4. A public health officer is at a central position to coordinate Community Based Health Care program.
- (a) Discuss any ten of his/her specific roles in the program (10 marks)
- (b) Mention ten indicators of good health seeking behaviours which a public health officer need to promote in a community (10marks)