



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF HEALTH SCIENCES
UNIVERSITY EXAMINATION FOR DIPLOMA IN COMMUNITY HEALTH AND
DEVELOPMENT
2ND YEAR 1ST SEMESTER 2017/2018 ACADEMIC YEAR
KISUMU CAMPUS

COURSE CODE: HDC 2212

COURSE TITLE: COMMUNITY BASED COUNSELING

EXAM VENUE: STREAM: (Dipl. Comm Hlth & Dev)

DATE: EXAM SESSION:

TIME: 1.30 MIN HOURS

Instructions:

- 1. Answer all the questions in Section A each contain 3 marks and ANY other two questions in Section B each contain 15 marks.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

SECTION "A"

1. State and describe the three attitudinal skills in community based counseling. (3 marks)
2. Define the term counseling skills according to Carl Rogers and highlight two importance of counseling skills in a counseling session. (3 marks)
3. The terms "**explore**" and "**issues**" are key in a Community based counseling, explain. (3 marks)
4. Describe three benefits of community based counseling in HIV/AIDS endemic areas.
5. Highlight the meaning of structuring and describe two types of structuring in community based counseling. (3marks).
6. Describe three qualities of a community based counselor. (3 marks).
7. Give three main reasons why you would advocate for community based counseling.(3marks)
8. Describe three main challenges in Community based counseling. (3mark)
9. Differentiate between guidance and counseling. (3 marks)
10. Illustrate three main reasons why confidentiality is key in community based counseling (3 marks).

SECTION "B"

1. a). Discuss the three main Theories of counseling. (10 marks)
b). Describe three levels of consciousness according to Sigmund Freud. (5 marks)
2. a). Illustrate the personality structure. (10 marks)
b). Describe five therapeutic techniques in community based counseling. (5marks)
3. a). Discuss the role of a counselor in community based counseling. (10 marks)
b). Describe the principles of counseling. (10 marks)

