



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY SCHOOL OF HEALTH
SCIENCES

UNIVERSITY EXAMINATION FOR DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT

2ND YEAR 2ND SEMESTER 2016/2017 ACADEMIC YEAR

KISUMU

COURSE CODE: HDC 2213
COURSE TITLE: Health Education and Promotion
EXAM VENUE: kisumu learning centre **STREAM:** (Dip Comm Health & Dev)
DATE: **EXAM SESSION:** 2.00-3.30PM
TIME: 1 1/2.00 HOURS

Instructions:

Answer all the questions in Section A and ANY other 2 questions in Section B.

Candidates are advised not to write on the question paper.

Candidates must hand in their answer booklets to the invigilator while in the examination room.

SECTION A

Answer ALL Questions (30 marks)

1. Briefly define the following terms as applied in health promotion [3 marks]
 - a) Mental health
 - b) Physical health
 - c) Social health
2. Differentiate between health promotion and health education as explained in the Ottawa charter. [3 marks]
3. What is the definition of *a theory* as applied in health promotion? [3 marks]
4. Identify any three theories/models for health promotion. [3 marks]

5.State any three components of the, ‘health belief model’-amodel for health promotion.[3marks]

6.Identify any three health promotion strategies. [3 marks]

7. State any three qualitative data collection methods that may be used in ahealth promotion project.?[3 marks].

8.Identify any three community mobilization strategies towards a health promotion project .[3marks]

9.Differentiate between *community based approach* and *community development approach* to community projects. [3 marks]

10.Identify any three types of evaluation in health promotion programmes[3 marks]

SECTION B

Answer any two Questions (40 Marks)

1. Describe the sociological and psychological perspectives in health promotion[20 marks]
2. Discuss the five key areas for health promotion actions as identified by the Ottawa Charter agreement in 1986. [20marks]
3. There is unacceptable behaviour among the university students that has been noted by the dean of students at the main campus. It has come to the attention of the dean that majority of the students do not report to their respective classes on time because they have resorted to drug abuse (*local brew*). As a community health and development expert, you have been requested to intervene and rest the situation. Conceive a project for intervention [20 marks]
4. Discuss any three health promotion strategies . [20mrks]
5. Identify and discuss any five principles for health promotion. [20 marks]

