

# JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY SCHOOL OF HEALTH SCIENCES

## UNIVERSITY EXAMINATION FOR THE DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT

### $1^{ST}$ YEAR $1^{ST}$ SEMESTER 2018/2019

#### **KISUMU CAMPUS**

COURSE CODE: AFB 2111

COURSE TITLE INTRODUCTION TO FOOD SECURITY

**EXAM VENUE:** STREAM

DATE: (DEC 2018) EXAM SESSION:

TIME: 2 HOURS

#### **Instructions:**

- 1. Answer all questions in section A and any other 2 questions in Section B.
- 2. Candidates are advised not to write on the question paper
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room

#### **SECTION A: ANSWER ALL THE QUESTIONS (30 MARKS)**

- 1. What do you understand by the term "chronic food" insecurity? (2Marks)
- 2. State three causes of global climate change (3 Marks)
- 3. Define the following terms; i) income poverty; ii) human poverty; and iii) undernourishment (3 Marks)
- 4. Mention three ways in which flood disaster can affect food security of the population (3 Marks)
- 5. Using example differentiate between essential and non-essential amino acids. (4 marks)
- 6. Mention three long term interventions that can help to address the problem of food insecurity (3 Marks)
- 7. Name factors that determine energy requirements of an individual. (4 marks)
- 8. List and explain three pillars of food security (3 Marks)
- 9. State two differences between chronic Food insecurity and Transitory Food insecurity (2 Marks)
- 10. Mention any three micronutrients that the body requires to function normally (3 Marks)

#### SECTION B: ANSWER ANY TWO (2) QUESTIONS IN THIS SECTION (30 MARKS)

- 1. Food Industry is important for Kenya's economy for employment creation and foreign exchange earnings. Name and discuss 2 such industries with respect to challenges they are facing and available opportunities for their improvement. (15 Marks)
- 2. (a) Discuss three factors that determine food quality. (15 Marks)
- 3. (a) Explain how climate change affects food security and nutrition (15 Marks)
- 4. Discuss 2 nutritional challenges and 2 strategies employed by the Kenya Government to address these challenges under the following 2 stages of human life; (15 Marks)
- i) Maternal and newborn nutrition
- ii) Early childhood nutrition