



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE**  
**PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT**  
**3<sup>ND</sup> YEAR SECOND SEMESTER 2018/2019 ACADEMIC YEAR**  
**NAMBALE CAMPUS**

---

**COURSE CODE: HCD 3321**

**COURSE TITLE: COMMUNITY BASED COUNSELING**

**EXAM VENUE: STREAM: BSc Public/ Comm. Hlth & Dev**

**DATE: EXAM SESSION: TIME: 2.00 HOURS**

---

**Instructions:**

1. Answer all the questions in Section A and 2 questions in Section B.
2. Candidates are advised not to write on the question paper.
3. Candidates must hand in their answer booklets to the invigilator while in the examination room.

**SECTION A (Compulsory) (30mrks)**

**QUESTION ONE**

- a. Highlight any five key qualities that a good counselor should possess (5mks)
- b. Guidance and counseling are two sides of the same coin. Comment (10mks)
- c. State any five advantages of group counseling (5mks)
- d. Show why counseling may be terminated after the first interview (5mks)
- e. Give any five way that you can adopt in your efforts to overcome stigma directed towards the HIV/AIDs patients (5mks)

**SECTION B ANSWER ANY TWO QUESTIONS (40mrks)**

**QUESTION TWO**

- a. Highlight any **Five** unacceptable goals in counseling and show how they can compromise the counseling process (15mks)
- b. Give any five causes of burn-outs (5mks)

**QUESTION THREE**

- a. Show why listening is a critical skill in counseling community members (10mks)
- b. When counseling special groups, women for example, there are some considerations that a counsellor needs to consider. Explain any five of these considerations (10mks)

**QUESTION FOUR**

- a. Discuss some of the challenges that a beginning community counselor is likely to experience in counseling a poverty-stricken community (10mks)
- b. Examine any five tenets that a community counsellor needs to be equipped with during the counseling process (10mks)

**QUESTION FIVE**

- a. In your opinion, why do you think pre-test counseling is highly emphasized during the counseling process? (10mks)
- b. Explain ways in which change of behavior is brought about through counseling (10mks)



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE**  
**PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT**  
**2<sup>ND</sup> YEAR 2<sup>ND</sup> SEMESTER 2018/2019 ACADEMIC YEAR**  
**NAMBALE CAMPUS**

---

**COURSE CODE:                   HDC 2222**

**COURSE TITLE:   INTRODUCTION TO DEMOGRAPHY AND POPULATION  
STUDIES**

**EXAM VENUE:                   STREAM: BSc Public/ Comm. Hlth & Dev**

**DATE:                               EXAM SESSION:**

**TIME: 2.00 HOURS**

---

**Instructions:**

- 1. Answer all the questions in Section A and 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

## **SECTION A: Attempt all questions**

### **QUESTION ONE:**

- a. Show any five reasons why a public health officer should study demography as a course unit (5mks)
- b. Explain any five critiques of Malthusian theory in relation to the current Kenyan food situation (5mks).
- c. Briefly define the following concepts as used in demography and population studies:
  - a) Population growth rate
  - b) Density
  - c) Infant mortality rate
  - d) Fertility
  - e) Gross reproduction ratio (10mks)
- d. State any five elements you would consider when analyzing population composition (5mks)
- e. State any five reasons to support that Africa as a continent has population problem (5mks)

## **SECTION B (FOURTY (30mks). ANSWER ANY TWO QUESTIONS**

### **QUESTION TWO**

- a. In your opinion, how has modernization contributed towards declining fertility rates (10mks)
- b. Define Nuptuality and state any four factors that influence (5mks)

### **QUESTION THREE**

- a. Examine the means that Kenya needs to adopt to reduce infant mortality rates (10mks)
- b. Briefly state any five social determinants of fertility (5mks)

### **QUESTION FOUR**

- a. As a population analyst, what reasons would you give for increasing population rates in urban areas? (10mks)
- b. State any five policies that you would suggest to the Kenyan government to help her overcome the increasing population rates in urban areas? (5mks)

### **QUESTION FIVE**

- a. Define demography and show how it's study would help you as a community health worker? (10mks)
- b. When studying population composition in your county, what five key elements would you incorporate and why (5mks)



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE**  
**PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT**  
**3<sup>RD</sup> AND 4<sup>TH</sup> YEAR First SEMESTER 2018/2019 ACADEMIC YEAR**  
**NAMBALE CAMPUS**

---

**COURSE CODE:** HCD 3123  
**COURSE TITLE:** MEDICAL ANTHROPOLOGY AND SOCIOLOGY  
**EXAM VENUE:** STREAM: BSc Public/ Comm. Hlth & Dev  
**DATE:** EXAM SESSION:  
**TIME: 2.00 HOURS**

---

**Instructions:**

1. Answer all questions in Section A and 2 questions in Section B.
2. Candidates are advised not to write on the question paper.
3. Candidates must hand in their answer booklets to the invigilator while in the examination room.

## **SECTION A: ANSWER ALL QUESTIONS (30MKS)**

### **QUESTION ONE**

- a. Show any five ways in which cultural change has continued to impact on the family institution today (5mks)
- b. Highlight any five ways in which technology has affected the ethno-medical beliefs and practices in Africa (5mks)
- c. Briefly state any five ways through which these cultures have been changing (5mks)
- d. Give any five methods that one can adopt when promoting health within Nambale community (5mks)
- e. Define the following concepts as used in Medical anthropology and sociology;
  - i. Culture (*Acc. to Clifford Geertz*)
  - ii. Cultural relativism
  - iii. Cultural imperialism
  - iv. Sociology
  - v. Anthropology (10mks)

## **SECTION B: ANSWER ANY TWO QUESTIONS (40MKS)**

### **QUESTION TWO**

- a. Culture continues to play a crucial role in our society regardless of the many changes it has undergone. In reference to class discussions, explain some of these roles(10mks)
- b. Explain how innovation has impacted peoples view of the traditional medicine(10mks)

### **QUESTION THREE**

- a. Examine ways in which environment has continued to contribute towards the spread of infectious diseases like TB and HIV/AIDS (10mks)
- b. Show any five socio-cultural factors that affects the cause, incidence, and severity of diseases (10mks)

### **QUESTION FOUR**

- a. Show how poverty affects peoples view of the modern medicine in Kenya (10mks)
- b. Show why religious institutions regard traditional medicine with a lot of suspicion (10mks)

### **QUESTION FIVE**

- a. In your view, does traditional belief in witchcraft and sorcery affects the modern health-seeking behaviour. Discuss (10mks)
- b. Highlight any five ways in which the government and other health partners have adopted in curbing the effects of diseases like malaria and cholera. (10mks)



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE**  
**PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT**  
**FIRST YEAR FIRST SEMESTER 2018/2019 ACADEMIC YEAR**  
**NAMBALE CAMPUS**

---

**COURSE CODE: HCD 2211**  
**COURSE TITLE: FUNDAMENTALS OF COMMUNITY HEALTH**  
**EXAM VENUE: STREAM: BSc Public/ Comm. Hlth & Dev**  
**DATE: EXAM SESSION:**  
**TIME: 2.00 HOURS**

---

**Instructions:**

- 1. Answer all the questions in Section A and 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

**SECTION A: ANSWER ALL QUESTIONS (30MKS)**

**QUESTION ONE**

- a. Define the following terms as used in community health:
- a) Poverty
  - b) Primary healthcare
  - c) Health (WHO 1948)
  - d) Equality
  - e) Community participation (10mks)
- b. Distinguish between active and passive immunity (2mks)
- c. Highlight any four factors that determine health of the community (4mks)
- d. State any five key elements of PHC (5mks)
- e. Give five reasons why community participation is key in PHC (5mks)
- f. Show how education can promote community health (4mks)

**SECTION B: ANSWER ANY TWO QUESTIONS (30MKS)**

**QUESTION TWO**

- a. As a community health worker, what methods are you likely to adopt in controlling diseases in the community (10mks)
- b. Discuss any five principles that should be considered when implementing PHC (10mks)

**QUESTION THREE**

- a. Examine the factors that trigger community participation in any healthcare program (10mks)
- b. Highlight challenges that Kenya is likely to face in her effort to achieve SDG THREE (3) choice (10mks)

**QUESTION FOUR**

- a. Examine the factors that impede progress in achieving comprehensive PHC (10mks)
- b. With examples, discuss some of the factors that impinge women from seeking healthcare in our modern community (10mks)

**QUESTION FIVE**

- a. As a community health-worker, what challenges are you likely to encounter when making an individual diagnosis? (10mks)
- b. Explain why sustainability of health-related projects has remained a challenge in Kenya today (10mks)





**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE**  
**PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT**  
**4<sup>th</sup> /3<sup>rd</sup> YEAR FIRST SEMESTER 2018/2019 ACADEMIC YEAR**  
**NAMBALE CAMPUS**

---

**COURSE CODE: HCD**  
**COURSE TITLE: FOUNDATIONS OF COMMUNITY DEVELOPMENT**  
**EXAM VENUE: STREAM: BSc Public/ Comm. Hlth & Dev**  
**DATE: EXAM SESSION:**  
**TIME: 2.00 HOURS**

**Instructions:**

- 1. Answer all the questions in Section A and 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

## **SECTION A: ANSWER ALL QUESTIONS (30MKS)**

### **QUESTION ONE:**

- a. a public health-worker, what Five key areas would you focus on in your effort to better the health system in Busia County and why (10mks)
- b. Define the following concepts:
- Development
  - Community Development
  - Community participation
  - Poverty
  - Community entry (10mks)
- c. Give five reasons why some communities may lag in terms of development related initiatives (5mks)
- d. Show any five tenets governing community development in Kenya (5mks)

## **SECTION B. ANSWER ANY TWO QUESTIONS**

### **QUESTION TWO**

- a. "The west has done more harm than good in relation to African development initiatives". Comment (10mks)
- b. Community Development should be tailored towards achievement of specific objectives. With relevant examples, discuss any five of these objectives (10mks)

### **QUESTION THREE**

- a. Discuss the major assumptions guiding community development today (10mks)
- b. Why would you highly recommend community participation to AMPATH who are planning to implement mobile clinic in Nambale constituency (10mks)

### **QUESTION FOUR**

- a. Highlight ways in which Kenyan politics have continued to affect community development initiatives in the western region (10mks)
- b. Examine any five key factors that led to the emergence of Harambee movements in Kenya (10mks)

### **QUESTION FIVE**

- a. "Maendeleo ya Wanaume remains a dream and not a reality in Kenya". Discuss (10mks)
- b. Show any five key roles that leadership can play in the development of the Teso community (10mks)