



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF HEALTH SCIENCES

UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE

PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT

4th YEAR 2nd SEMESTER 2017/2018 ACADEMIC YEAR

KISUMU CAMPUS

COURSE CODE: HCD 3421

COURSE TITLE: MENTAL HEALTH

EXAM VENUE: STREAM: BSc Public/ Comm. Hlth & Dev

DATE: **EXAM SESSION:**

TIME: 2.00 HOURS

Instructions:

- 1. Answer all the questions in Section A and 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

SECTION A: 30 MARKS

1. Define mental health according to the World Health Organization (**3mks**).
2. Name **THREE** major factors contributing to mental health problems (**3mks**).
3. State **THREE** eating disorders (**3mks**).
4. Explain the difference between hallucinations and delusions (**4mks**).
5. List **TWO** effective measures available to treat mental illness (**2mks**)
6. State the applications of epidemiological approach to the field of mental health (**5mks**)
7. List **FOUR** Key issues in mental health service delivery (**4mks**)
8. List **FOUR** barriers to mental health service delivery (**4mks**)
9. Define mental health policy (**2mks**)

SECTION B ESSAY. ANSWER ANY TWO QUESTIONS (40MKS)

10. With relevant examples discuss **FIVE** major classifications of mental disorders (**20mks**).
11. Discuss the significance of life-course to mental health (**20mks**)
12. Discuss the process of developing a mental health policy (**20mks**)
13. a) Explain **FIVE** major components of the mental service package (**10mks**)
b) Explain how mental health issues are related to and can be integrated with reproductive health, conflict and primary health care (**10mks**)

.....**END GOOD LUCK**