



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF HEALTH SCIENCES
UNIVERSITY EXAMINATION FOR BACHELOR OF SCIENCE IN COMMUNITY
HEALTH AND DEVELOPMENT
4TH YEAR 2ND SEMESTER 2018/2019 ACADEMIC YEAR
MAIN CAMPUS

COURSE CODE: HCD 3421

COURSE TITLE: MENTAL HEALTH

EXAM VENUE:

DATE: TIME: 2.00 HOURS

Instructions:

- 1. Answer all the questions in Section A and ANY other 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

Answer all questions in this section (30 MARKS)

Q1. Define the following terminologies as used in mental health

- a) Illusion (1mark)
- b) Delusion (1mark)
- c) Mental health (1mark)

Q2. a. Outline three etiological factors to mental illness (3marks)

b. Illustrate the broad classification of mental illness/disorders. (3marks)

Q3. A. What is hallucination? (1marks)

b. State four types of hallucinations. (4marks)

Q4. Discuss any three reasons for studying mental health in public health/community health and development (6 marks)

Q5. Outline four roles of a public health/community health and development specialists in public/community mental health (4marks).

Q6. Good mental health is more than the absence of mental disorder.

- a. Yes or no? (1mark)
- b. Briefly explain your answer (4marks)

Q7. State two epidemiological research designs used in mental health research (2marks)

Q8. State any three positive symptoms of schizophrenia (3marks)

SECTION B (40marks)

Answer two questions in this section (question one is compulsory)

Question one is compulsory. Answer any other.

1. Your friend confides in you that she wants to commit suicide and she has attempted in the past and failed.
 - a. Define the term suicide (2mark)
 - b. Differentiate between completed and attempted suicide (4marks)
 - c. Describe the characteristics of a suicidal person (4marks)
 - d. Explain how you will manage your friend. (10marks)

2.
 - a. Enumerate how you would apply epidemiological study designs in mental health (10marks)
 - b. Discuss any five ethical principles you'd apply in mental health research (10marks)
3. Discuss five factors supportive need for both parents being present in the life of a child as compared to one parent (20marks)
4. Discuss the relationship between substance use/abuse and mental health (20mks)