



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND
TECHNOLOGY SCHOOL OF EDUCATION**

**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHOLAR OF
EDUCATION EDE**

ACADEMIC YEAR -2019

COURSE CODE: EEC 3422

COURSE TITLE: PHYSICAL AND PSYCHOMOTOR ACTIVITIES

EXAM VENUE: EXAM SESSION: 3.00 – 5.00PM

DATE: 20/8/19

TIME: 2.00 HOURS

(INSTITUTIONAL BASED)

INSTRUCTIONS

- 1. Answer questions ONE (COMPULSARY) and any other 2 questions.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets while in the examination room**

QUESTIONS

1. a) Define the following terms.
 - i) Physical
 - ii) Psychomotor (2mks)
 - b) Analyze three categories of skills used in physical activities (6mks)
 - c) What is the purpose of play to young children? (7mks)
 - d) Outline six objectives of teaching physical and psychomotor activities to ECDE teachers. (6mks)
 - e) Describe with examples three games that can be used to enhance children's holistic development. (9mks)
2. a) Giving examples explain three directed activities relevant for young children. (12mks)
 - b) Describe four stages of content play (8mks)
3. a) Describe four factors to consider when writing a scheme of work for physical and psychomotor activities. (8mks)
 - b) Prepare a scheme of work for physical and psychomotor activities on the theme "Home". (12mks)
4. a) Differentiate between game and dance in physical and psychomotor activities. (10mks)
 - b) Each child should be treated as an individual learner in physical activities. Justify the statement. (10mks)
5. Explain five factors to consider when selecting physical and psychomotor activities for young children. (20mks)