



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**

**SCHOOL OF EDUCATION**

**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF  
EDUCATION**

**ECDE**

**4<sup>TH</sup> YEAR 1<sup>ST</sup> SEMESTER 2018/2019 ACADEMIC YEAR**

**MAIN CAMPUS-SCHOOL BASED**

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**COURSE CODE: EEC 3421**

**COURSE TITLE: GUIDANCE AND COUNSELING**

**EXAM VENUE: --**

**STREAM: BEd. Arts**

**DATE: 20/8/19**

**EXAM SESSION: 9.00 – 11.00AM**

**TIME: 2.00 HOURS**

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**Instructions:**

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

### QUESTION ONE

- a. Define the following terms as used in guidance and counseling. (5marks)
- i. Conscious level of the mind.
  - ii. Castration anxiety
  - iii. Counseling
  - iv. Stimulus
  - v. Extinction
- b. Briefly explain reinforcement as an influence on behavior (5 marks)
- c. Examine characteristics of guidance. (10 marks)
- d. Outline Abram Maslow's hierarchy of needs and its relevance to counseling. (10 marks)

### QUESTION TWO

- a. Briefly explain categories of guidance and counseling skills. (12 marks)
- b. Explain the counseling process in relation to Therapy. (8 marks)

### QUESTION THREE

- a. Explain three assumptions in Humanistic theories of counseling. (9 marks)
- b. Examine assumptions of eclectic model of counseling. (7 marks)
- c. Identify four ethical considerations in guidance and counseling. (4 marks)

### QUESTION FOUR

- a. Analyze five coping strategies in everyday life. (10 marks)
- b. Discuss the effects of psychosexual stages of development. (10 marks)

### QUESTION FIVE

- a. Describe the structure of personality (10 marks)
- b. Discuss the origin and philosophy of guidance and counseling. (10 marks)