



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF PUBLIC HEALTH AND COMMUNITY DEVELOPMENT
UNIVERSITY EXAMINATION FOR THE BACHELOR DEGREE IN COMMUNITY
HEALTH AND DEVELOPMENT
2ND YEAR 2ND SEMESTER 2018/2019 ACADEMIC YEAR
KISUMU LEARNING CENTRE

COURSE CODE: HCD 3224

COURSE TITLE: COMMUNITY BASED HEALTH CARE

DATE: 13/08/2019

EXAM SESSION: 2.00 – 4.00 PM

TIME: 2 HOURS

Instructions:

- 1. Answer all questions in section A and any other 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room**

SECTION A: ATTEND TO ALL THE TEN QUESTIONS (30 MARKS)

1. Through definition differentiate the following terms
 - a) *Community-based health care* (1mark)
 - b) Home Based care (1mark)
 - c) Community strategy (1mark)
2. Describe a similarity and two differences of the following programmes (3marks)
 - Community Based health Care and
 - Home based care
3. Describe any six principles of Home Based Care as a program (3marks)
4. State any six rationales of Home-based care in Kenya (3marks)
5. Enumerate six benefits of self care to a person living with HIV and his/her family (3marks)
6. Population structure and sanitation situation changes the world over predispose challenges to public health as a department. Describe any three factors which contribute to these in Kenya (3marks)
7. Communicable diseases have five broad approaches/concepts of control, mention any three (3marks)
8. Mention six roles of a client and family in Home Based Care as a programme (3marks)
9. Non communicable diseases are becoming a big social economic challenge to the whole world. Describe six control approaches you would advocate for in the community (3marks)
10. List any six activities of positive living in Home Based Care (3marks)

SECTION B: ATTEND TO ANY TWO QUESTIONS IN THIS SECTION (40 MARKS)

1. As a technical person, you are consulted to guide initiation of Home based Care Program at a Community unit in your area of work;
 - a) Describe the possible steps you would need to undertake till the prevalence is contained. (10 marks)
 - b) Explain the relevance of involving the community actively in that program. (5 marks)
 - c) Discuss the significance of Monitoring and evaluation to such a program (5 marks)
2. Discuss in details how the following principles promotes the achievement of Primary health care goals
 - a) Equity (one point) (2marks)
 - b) Accessibility /affordability (2points) (4 marks)
 - c) Inter-sectoral collaboration and net working (two points) (4 marks)
 - d) Community active participation (five points) (10marks)
3. As a Health Promotion officer, you are invited by Community to sensitize them on their role in health:
 - a) Enumerate eight good health seeking behaviour which you may encourage from pregnant women, mothers of children below one year and the adolescents. (8 marks)
 - b) List four benefits of practicing good health seeking behaviour by the public. (8 marks)
 - c) State any four main roles of the community in promoting good health in the community. (4 marks)
4. A public health officer is at a central position to coordinate Community Based Health care. Discuss specific roles of a Public health officer in the following areas:
 - (a) Preventive health (four points) (8 marks)
 - (b) Promotion of good health (3points) (6 marks)
 - (c) Rehabilitation of public health (a point) (2 marks)
 - (d) Curative health services (two points) (4 marks)