

Question One

a) Define the following terms:

i) Physical activities (2 marks)

ii) Psychomotor (2 marks)

b) Describe three resources for teaching physical and psychomotor activities in an ECE set up. (6 marks)

c) Explain three precautions an ECE teacher should put into consideration before engaging children in a swimming lesson. (6 marks)

d) Name four moderate physical activities suitable for 3-4-year-old children. (4 marks)

e) Explain how a teacher can use physical and psychomotor activities to develop the following in young learners.

i) Social Skills (2 marks)

ii) Appreciation of aesthetics (2 marks)

f) Explain three challenges that may hinder proper implementation of physical/ psychomotor lesson plan in ECE class. (6 marks)

Question Two

i) Caregivers should allow children to participate in physical/ psychomotor activities because of the importance attached to it. Explain. (10 marks)

ii) Explain how a teacher can modify physical and psychomotor activities to suit children with special needs in his/her class. (10 marks)

Question Three

Citing relevant examples for each, describe the physical and psychomotor activities that are suitable for young children. (20 marks)