

JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF EDUCATION

UNIVERSITY EXAMINATION FOR DEGREE OF BACHELOR OF EDUCATION

ECDE

3rd YEAR 2nd SEMESTER 2020/2021 ACADEMIC YEAR

KISUMU LEARNING CENTRE-----SCHOOL BASED

COURSE CODE: EEC 3321

COURSE TITLE: MATERNAL CHILD HEALTH AND NUTRITION

EXAM VENUE: STREAM: (B Ed ECDE)

DATE: 07/12/2020

EXAM SESSION: 9.00-11.00AM

TIME: 2 HOURS

INSTRUCTIONS:

- **Answer question 1 (compulsory) and any other 2 questions**
- **Candidates are advised not to write on the question paper**
- **Candidates must hand in their answer booklets to the invigilator while in the examination room**

QUESTION ONE

(a) Define the following terms;

(i) Care (2 marks)

(ii) Food (2 marks)

(iii) Differentiate between nutrient and nutrition (4 marks)

(b) Explain four environmental related challenges that might hinder a mother from breastfeeding her baby (8 marks)

(c) Highlight and explain four functions of protein in the body (8 marks)

(d) Explain three general causes of malnutrition (6 marks)

QUESTION TWO

(a) Discuss six challenges that are facing food security at family level (12 marks)

(b) Analyze Four functions of minerals salts in a child's body (8 marks)

QUESTION THREE

(a) Examine five points to consider when preparing family meals (10 marks)

(b) Discuss five challenges during weaning (10 marks)

QUESTION FOUR

(a) Discuss six reasons why food should be preserved (12 marks)

(b) Examine the factors that have contributed to changes in child rearing practices in the contemporary society (8 marks)

QUESTION FIVE

(a) Discuss five prenatal care services that are offered in government health facilities in Kenya (10 marks)

(b) Analyze key family practices that improve a child's survival, growth and development. (10 marks)