



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
ARTS/SCIENCE/SNE & ECD

4TH YEAR 2ND SEMESTER 2019/2020 ACADEMIC YEAR

SUPPLEMENTARY PAPER

COURSE CODE: PSY 411

COURSE TITLE: Guidance And Counseling

DATE:

EXAM SESSION:

TIME: 3 HOURS

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

PSY 411: GUIDANCE AND COUNSELLING

QUESTION ONE

- a) Define the following terms (5 marks)
 - i) Theory
 - ii) Psychic Energy
 - iii) Sub-conscious
 - iv) Psycho-sexual
 - v) Displacement

- b) Describe the five stages of psychoanalytic theory. (10 marks)

- c) Explain the castration anxiety as experienced by both boys and girls. (7 marks)

- d) Examine four coping strategies of everyday life. (8 marks)

QUESTION TWO

- a) Illustrate the Classical Conditioning according to Ivan Pavlov. (10 marks)

- b) Discuss the concepts of Operant Conditioning. (10 marks)

QUESTION THREE

- a) Determine deprivation needs according to Maslow's hierarchy of needs. (5 marks)

- b) Mention five important roles of guidance in the life of an individual. (5 marks)

- c) List down four conditions under which breach of confidentiality may ensue. (4 marks)

- d) Examine the role of a counselor in the society. (6 marks)

QUESTION FOUR

- a) Describe how you would counsel a sixteen year old adolescent girl who is contemplating abortion. (10 marks)

- b) Explain specific five skills you would use in the above counseling process. (10 marks)

QUESTION FIVE

- a) Determine five touchy areas of counselling in an individual's life. (10 marks)
- b) Name Special Need Population that need that need counseling? (10 marks)