



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
ARTS/SCIENCE/SNE & ECD

4TH YEAR 2ND SEMESTER 2019/2020 ACADEMIC YEAR

SPECIAL PAPER

COURSE CODE: PSY 411

COURSE TITLE: GUIDANCE AND COUNSELING

DATE:

EXAM SESSION:

TIME: 3 HOURS

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

PSY 411: GUIDANCE AND COUNSELLING

QUESTION ONE

- a) Define the following terms (5 marks)
 - i) Counseling
 - ii) Electra Complex
 - iii) Confidentiality
 - iv) Unconscious level of the mind
 - v) Reaction formation
- b) Examine the role of reinforcement in modifying behaviour. (5 marks)
- c) Describe the structure of personality. (10 marks)
- d) Illustrate Abraham Maslow's hierarchy of needs and its relevance to counseling. (10 marks)

QUESTION TWO

- a) Erickson's theory encompasses identity formation and role confusion. Substantiate. (11 marks)
- b) Identify three assumptions in humanistic theories. (9 marks)

QUESTION THREE

- a) Examine the eclectic model of counseling practice. (7 marks)
- b) Mention six ethical considerations in guidance and counselling. (6 marks)
- c) Explain qualities of a good counselor. (7 marks)

QUESTION FOUR

- a) List down five areas of concern that need counseling on the life of a teenager. (5 marks)
- b) From the above, using one example, show how you would assist a teenager overcome this concern. (10 marks)
- c) Determine your role as a counselor in the community. (5 marks)

QUESTION FIVE

- a) “Motivation of behaviour is mainly biological”. Expound this statement in relation to Pavlov’s Classical Conditioning theory. (12 marks)
- b) Under what circumstances is the counselor required to break confidentiality? (4 marks)
- c) Briefly describe a guidance and counseling program. (4 marks)