



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF EDUCATION

UNIVERSITY EXAMINATION FOR THE DIPLOMA IN SPECIAL NEEDS

EDUCATION

2ND YEAR 2ND SEMESTER 2017/2018 ACADEMIC YEAR

MAIN CAMPUS REGULAR

COURSE CODE: ESN 2227

COURSE TITLE: ADAPTED PHYSICAL EDUCATION FOR LEARNERS WITH SPECIAL NEEDS

EXAM VENUE:

STREAM: (DIP. SNE)

DATE:

EXAM SESSION:

TIME: 1 ½ HOURS

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

QUESTION ONE

- a. Explain the following terms as used in Physical Education. (6 marks)
- i. Physical Education
 - ii. Adapted Sports
 - iii. Corrective Physical Education
- b. Highlight FOUR (4) and TWO (2) cognitive benefits of Physical Education. (6 marks)
- c. Therapeutic role of Physical Education can be achieved through Physical exercises and water activities, such as swimming particularly hydrotherapy. Discuss how a child with disability can benefit from such activities. (6 marks)
- d. You have been newly posted to a special school for learners having special needs and/or disabilities. Using eight reasons, account for the need of having Adapted Physical Education in the school. (8 marks)
- e. Describe the two (2) communication techniques employed in Adapted Physical Education. (4 marks)

QUESTION TWO

- a. How many lessons of P.E are taught in:
- i. Lower primary
 - ii. Upper primary
 - iii. Secondary
- (3marks)
- b. What are the determinants of Adapted Physical Education scheme of work? (4marks)
- c. In class three schemes of work, explain three activities you can cover. (3marks)
- d. List the six apparatus you can use in teaching P.E in your class. (6marks)
- e. Write four activities involving working in pairs (4marks)

QUESTION THREE

- a. As a specialist in the field of Physical Education, explain 5 ways in which you can simplify the rules of the game and sports for learners with special needs and/or disabilities. (10 marks)
- b. Some of the learners in your class have declined to participate in the physical education activities due to safety reasons during play activities. Outline 5 measures you will take to ensure safety of the learners during the P.E activities. (5 marks)
- c. Describe how you can adapt Netball for learners with Special Needs and/or disabilities. (5 marks)

QUESTION FOUR

- a. Explain FOUR activities involving races in Physical Education. (8marks)
- b. Mention FIVE adaptations you can make to the races to suit learners with special needs and/or disabilities. (5marks)
- c. **List any** four activities involving throws in Physical Education. (4marks)
- d. **Describe** any three adaptations that can be done to the activities highlighted in 4(c) above. (3marks)

QUESTION FIVE

- a. Adaptations to the curriculum of a Physical Education lesson are done in four areas. List the four areas and describe how adaptation can be achieved. (8marks)
- b. List and describe the TWO adaptation techniques in Adapted Physical Education. (4 marks)
- c. **Cite the** four advantages of reducing area of play. (4 marks)
- d. **List** any four materials which may be used for adapting an equipment. (4 marks)