

JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

END OF MAY/AUGUST 2013 EXAMINATIONS

SCHOOL OF HEALTH SCIENCES

COURSE: DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT

COURSE TITLE: COMMUNITY BASED COUNSELING

COURSE CODE: HDC 2212

TIME: 3 HOURS

INSTRUCTIONS

Answer **all** the questions in section **A** and any **TWO** in section **B**

SECTION A : Answer all the questions (30 marks)

1. Define the following terms (3mks)
 - (i) Guidance
 - (ii) Counseling
2. State the importance of counseling in a community (3mks)
3. As a community health worker, what ethical practices would you consider when carrying out community based counseling? (3mks)
4. Community counselors are supposed to create a warm relationship with the society. What attitudes should they uphold for effective counseling? (3mks)
5. State three levels of self-awareness and actualization (3mks)
6. State three functions of counseling theories (3mks)
7. Give three problems of counseling a community (3mks)
8. Define Carl Rodgers core conditions of counseling (3mks)
9. What factors would you consider when carrying out a group counseling session on HIV and AIDS? (3mks)
10. What behaviours should one avoid during a counselling session (3mks)

SECTION B: Answer any TWO questions (30mks)

11. Describe the three main stages of a counseling process (15mks)
12. Discuss in a systematic manner how you would go about counselling a community where homosexuality is rampant. Identify the skills in each stage. (15mks)
13. Discuss behavioural theory and the therapeutic techniques used in counseling and their importance in a community (15mks)