

COURSE CODE: PSY 810
COURSE TITLE: ABNORMAL PSYCHOLOGY
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COURSE OUTLINE

Course Purpose

The purpose of this course is to expose students to be aware of the existence of different types of abnormality and behaviours, their causes and the therapies.

Expected Learning Outcomes

By the end of the course students will be able to:

1. Discuss the causes of abnormality
2. Appreciate that abnormal psychology deals with sets of behaviours or symptoms that produce impairment to people's lives.
3. Examine types of abnormality;
4. Discuss psychological disorders (e.g schizophrenia) across cultures
5. Examine the historical perspectives and therapies

Course Content

The course will examine the causes of abnormality, appreciate that abnormal psychology deals with sets of behaviours that produce a functional impairment in people's lives, Types of abnormality psychological disorders - e.g. schizophrenia, mood disorder, depression, anxiety disorders, Attention Deficit Disorder (ADD), Attention Hyperactive Deficit disorder (ADHD), eating disorders (e.g. anorexia, bulimia), examine personality disorders. The course will examine the historical perspectives, the nature of psychotherapy- psychodynamic, Humanistic and behaviour therapy.

Teaching Methods

- (a) Lectures
- (b) Group activities
- (c) Individual presentations
- (d) Tutorials

Teaching Materials

- (a) Over-head projectors
- (b) VCD
- (c) Chalk/whiteboards

Assessment Methods

- (a) Continuous Assessment Tests- 40%
- (b) Group Activities
- (c) End of Semester Examination- 60%

Course Texts

1. Eysenck, Michael (2004) PSYCHOLOGY: An International Perspective. New York: Taylor and Francis Group
2. Comer, R. J. (2001) Abnormal Psychology. New York: Worth Publisher

Course References

1. Davison, G.C. & Neale, J.M. (2001) Abnormal Psychology
2. Green, V (2003) Emotional development in psychoanalysis attachment theory and Neuroscience: creating connections. Routledge; Hove England.

