



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

**SCHOOL OF EDUCATION
REGULAR MAIN CAMPUS**

COURSE CODE - PSY 411:

COURSE TITLE - GUIDANCE AND COUNSELING

DECEMBER, 2016

END SEMESTER EXAMINATIONS

Question One

- a) Explain three aspects of counseling as a goal-oriented process (6 mks)
- b) Differentiate between guidance and counseling (10 mks)
- c) Identify four ways a counselor may use to build a sound basis for ethical decision making in counseling practice (4 mks).
- d) Explain the meaning of the concept of 'the right of informed consent' (2 mks)
- e) Identify signs that learners in need of counseling may show (8 mks).

Question Two

You have been recently appointed to Head the Guidance and Counseling Department of your school.

- (a) Outline the steps you would follow in developing the departmental plan (10 mks).
- (b) Describe the components of the guidance and counseling department that would form the focus of your attention (10 mks).

Question Three

Since the 1970s when formal guidance and counseling in Kenyan schools was officially recognized, progress has been slow, and implementation has been haphazard. Explain this statement using relevant examples (20 mks).

Question Four

- a) State the five aspects of the right of informed consent (10 mks)
- b) Differentiate between confidentiality and privileged communication (4 mks)
- c) Explain five circumstances when the legal requirement of confidentiality can be broken (6 mks)

Question Five

- a). Explain the Freudian structure of personality (4 mks)
- b). Assess how the three early stages of development are the source of issues that bring people for counseling in adulthood according to Sigmund Freud (6 mks).
- c). Attempt a critique of the psychoanalytic approach to counseling (10 mks)