



JARAMOG OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION

UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
ARTS WITH IT

4TH YEAR 2ND SEMESTER 2017/ 2018 ACADEMIC YEAR

MARANDA CENTRE SCHOOL BASED

COURSE CODE: PSY 411

COURSE TITLE: GUIDANCE AND COUNSELING

EXAM VENUE:

STREAM: (BEd ARTS)

DATE:

EXAM SESSION:

DURATION: 2 HOURS

INSTRUCTIONS

1. Answer *Question One (COMPULSORY)* and *ANY OTHER 2 Questions*
2. Candidates are advised **NOT** to write on the question paper
3. Candidates **MUST** hand in their answer booklets while in the examination room.

1. a) Define the following terms as used in guidance and counseling (5 marks)
 - i) Guidance and counseling
 - ii) Conditional reflex
 - iii) Confidentiality
 - iv) Unconscious level of the mind
 - v) Reaction formation.

- b) Determine the role of guidance and counseling in career development.(5 marks)
- c) Examine Unconditional Positive Regard in the context of counseling. (10 marks)
- d) Outline Abram Maslow's hierarchy of needs and its relevance to counseling. (10 marks)

2. a) Briefly explain categories of guidance and counseling skills. (12 marks)
- b) Explain the counseling process in relation to Therapy. (8 marks)

3. a) Identify three assumptions in Humanistic theories of counseling. (9 marks)
- b) How has the eclectic model of counseling developed the practice of counseling? (7 marks)
- c) Identify ethical considerations in guidance and counseling. (4 marks)

4. Erickson's theory encompasses the notion of identity formation and role confusion. Discuss. (20 marks)

5. 'Motivation of behavior is mainly biological.' Discuss this statement in relation to Pavlov's Classical conditioning theory. (20 marks)



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DEPARTMENT OF SPECIAL NEEDS AND EARLY CHILDHOOD

COURSE OUTLINE

COURSE CODE:	PSY 411
COURSE TITLE:	GUIDANCE AND COUNSELING
ACADEMIC YEAR:	2017/ 2018
SEMESTER:	2 YEAR 4
LECTURER:	REV. DR. PATRICIA OYUGA

CONTENT

1. Definition of terms
Guidance, Counseling, Guidance and counseling
2. Characteristics of guidance
3. Differences between guidance and counseling.
4. Origin and Philosophy of guidance and counseling.
5. Purpose of guidance and counseling program.
6. The role of guidance and counseling in Schools.
7. Theories of counseling
8. Structure of personality.
9. Coping strategies of everyday life.
10. Behavioural Theory.
11. Humanistic Theory.
12. Skills and techniques of guidance and counseling.
13. The counseling process.

Course Assessment

- CAT comprises 30% of the final grade.
- Final examination will comprise 70%
- If a student failed to do the CAT or final exam, the result is reported a “1” (in complete)