

JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY SCHOOL OF HEALTH SCIENCES

UNIVERSITY EXAMINATION FOR DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT

2^{ND} YEAR 1^{ST} SEMESTER 2022/2023 ACADEMIC YEAR KISUMU CAMPUS

COURSE CODE: HDC 2212

COURSE TITLE: COMMUNITY BASED COUNSELLING

EXAM VENUE: STREAM: (Dip Comm Health & Dev)

DATE: EXAM SESSION:

TIME: 1 1/2.00 HOURS

Instructions:

- 1. Answer all the questions in Section A and ANY other 2 questions in Section B.
- 2. Candidates are advised not to write on the question paper.
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.

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SECTION A: Answer all questions in this section (30 marks)		
1.	Mention any Three Factors Contributing to need of Counselling in the Co.	•
•		(3 Marks)
2.	Mention any Three theories used in counselling	(2.3.5.1.)
_	****	(3 Marks)
3.	What is your understanding of the following:	
	a) Counselee	
	b) Counsellor	
	c) Why Counselling Theory?	(3 Marks)
4.	Explain any	
	a) Role of Counselling Records	
	b) Two Dilemas faced/uncertainity that a Counsellor can encounter durin	g session
		(3 Marks)
5.	Explain any Three benefits of silence skill/technique when applied during	crissis
	management	
		(3 Marks)
6.	Describe the Three main Challenges in Community Based Counselling	g (3
	Marks	· ·
7.	Illustrate three main reasons why confidentiality is key in Community	
	Based Counselling	(3 Marks)
8.		(3 Marks)
	Highlight any Three Self Awareness questions for personal reflection	(3 Marks)
	State	(= =:=====)
	a) The importance of Questioning skill in Counselling	

### **SECTION B** Answer any two Questions

(30 Marks)

(3 Marks)

11. Ethics in Counselling provide a Framework for Counsellors to Consult when faced with Dilema or to promote quality standards when need be; Discuss

a) The benefits of Counselling Ethics

b) The Two Types of Questioning in Counselling

(5 Marks)

b) Principles of Counselling Ethics

(10 Marks)

- **12.** During the Counselling process, there are various stages the counselor supports the client to go through, discuss and give relevant examples.
- **13.** Theories provides basis upon which counselling practice is founded; Psycho-Analytic theory was founded by a Jew who lived in Germany, the fother of psychology.

a) Explain its Basic Assumptions

(5 Marks)

b) Psycho-sexual stages

(10Marks)