



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION, HUMANITIES AND SOCIAL SCIENCES
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EARLY
CHILDHOOD DEVELOPMENT AND EDUCATION
3RD YEAR 2ND SEMESTER 2022/2023 ACADEMIC YEAR
MAIN – INSTITUTION BASED**

COURSE CODE: EEC 3321

COURSE TITLE: MATERNAL CHILD HEALTH AND NUTRITION

EXAM VENUE: **STREAM: (BED. ECDE)**

DATE: **EXAM SESSION:**

TIME: 2HRS

Instructions:

- 1. Answer question 1 (compulsory) and any other 2 questions.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room**

QUESTION ONE

- 1 a) Name any four causes of anemia in children in ECE (4mks)
- b) Explain three preventive measures that caregivers can take to protect their children against night blindness (6mks)
- c) Highlight six the pre-natal care services given to the mother and baby during their visits to a healthy facility, (6mks)
- d) As an ECE teacher you are addressing a parents meeting in your school on child rearing practices. Highlight six factors that the parents should take care of when introducing the baby to new foods (6mks)
- e) With appropriate examples, explain two common accidents at home (4mks)
- f) Outline four social factors that have contributed to changes in child rearing practices (4mks)

QUESTION TWO

- a) Discuss five ways of improving health and nutrition of the child and family (10mks)
- b) Explain five ways that the local community members can ensure food security at home (10mks)

QUESTION THREE

- a) Discuss the impact of HIV/AIDS in relation to mother, child and family (10mks)
- b) Discuss five elements of primary health care (PHC) (10mks)

QUESTION FOUR

- a) Outline ten principles of public health care (20mks)

QUESTION FIVE

- a) You have been invited to sensitize parents on strategies of food preservation in a neighboring pre-school. Explain five strategies that you will talk about. (20mks).