



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF EDUCATION**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION**  
**ECDE**  
**3<sup>RD</sup> YEAR 2<sup>ND</sup> SEMESTER 2016/2017 ACADEMIC YEAR**  
**KENDU BAYCAMPUS**

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**COURSE CODE: EEC 3321**

**COURSE TITLE: MATERNAL CHILD HEALTH AND NUTRITION**

**EXAM VENUE:**

**STREAM:**

**DATE:**

**EXAM SESSION:**

**TIME: 2 HOURS**

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**Instructions:**

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

### QUESTION 1

- (a) State any 5 signs and symptoms of a child infected by polio (5 mks)
- (b) Briefly describe the dangers of illegal and social drugs to the unborn baby (5 mks)
- (c) Outline 5 various factors contributing to changes in child rearing practices (5 mks)
- (d) Briefly explain the nutritional needs of a child who is HIV positive (5 mks)
- (e) Identify any five elements of primary health care (PHC) (5 mks)
- (f) As a first aider, state any five rules that you must always have in mind before carrying out first aid to patient. (5 mks)

### QUESTION 2

- (i) Obesity is one of the nutritional deficiency disorders. Discuss (10 mks)
- (ii) Discuss the importance of immunization to young children in the face of promoting their health and growth (10 mks)

### QUESTION 3

Discuss any 5 principles of Primary Health care (PHC) as found in ECDE (10 mks)

Discuss challenges that lactating mothers may face during breast-feeding period. (10 mks)

### QUESTION 4

- (i) You notice that a child in your class has pale lips and eyelids, often gets tired, easily has frequent headaches and looks generally weak to an extent that he cannot participate actively in learning. Discuss the advice you would give to the parents concerning the health of the child. (10 mks)
- (ii) Discuss any five strategies that you can use to promote health care in your community (10 mks)

### QUESTION 5

- i) Analyze the five general causes of child malnutrition citing relevant examples (10 mks)
- ii) Discuss how you will manage the following conditions in a child as a first aider.
  - a) Shock
  - b) Suffocation (10 mks)