JARAMOGI Oginga Odinga University of Science and Technology

School of Education

University Examination for the Diploma in Special Needs Education

2nd Year 2nd Semester 2017/2018 Academic Year

Main Campus Regular

Course Code: ESN 2227

Course Title: Adapted Physical Education for Learners with Special Needs

Exam Venue: Stream: (Dip. SNE)

Date: Exam Session:

Time: 1 ½ Hours

Instructions:

1. Answer Question One (Compulsory) and any other 2 questions.
2. Candidates are advised not to write on the question paper.
3. Candidates must hand in their answer booklets to the invigilator while in the examination room.
QUESTION ONE

a. Explain the following terms as used in Physical Education. (6 marks)
   i. Physical Education
   ii. Adapted Sports
   iii. Corrective Physical Education
b. Highlight FOUR (4) and TWO (2) cognitive benefits of Physical Education. (6 marks)
c. Therapeutic role of Physical Education can be achieved through Physical exercises and water activities, such as swimming particularly hydrotherapy. Discuss how a child with disability can benefit from such activities. (6 marks)
d. You have been newly posted to a special school for learners having special needs and/or disabilities. Using eight reasons, account for the need of having Adapted Physical Education in the school. (8 marks)
e. Describe the two (2) communication techniques employed in Adapted Physical Education. (4 marks)

QUESTION TWO

a. How many lessons of P.E are taught in:
   i. Lower primary
   ii. Upper primary
   iii. Secondary (3 marks)
b. What are the determinants of Adapted Physical Education scheme of work? (4 marks)
c. In class three schemes of work, explain three activities you can cover. (3 marks)
d. List the six apparatus you can use in teaching P.E in your class. (6 marks)
e. Write four activities involving working in pairs (4 marks)

QUESTION THREE

a. As a specialist in the field of Physical Education, explain 5 ways in which you can simplify the rules of the game and sports for learners with special needs and/or disabilities. (10 marks)
b. Some of the learners in your class have declined to participate in the physical education activities due to safety reasons during play activities. Outline 5 measures you will take to ensure safety of the learners during the P.E activities. (5 marks)
c. Describe how you can adapt Netball for learners with Special Needs and/or disabilities. (5 marks)
QUESTION FOUR

a. Explain FOUR activities involving races in Physical Education. (8 marks)
b. Mention FIVE adaptations you can make to the races to suit learners with special needs and/or disabilities. (5 marks)
c. List any four activities involving throws in Physical Education. (4 marks)
d. Describe any three adaptations that can be done to the activities highlighted in 4(c) above. (3 marks)

QUESTION FIVE

a. Adaptations to the curriculum of a Physical Education lesson are done in four areas. List the four areas and describe how adaptation can be achieved. (8 marks)
b. List and describe the TWO adaptation techniques in Adapted Physical Education. (4 marks)
c. Cite the four advantages of reducing area of play. (4 marks)
d. List any four materials which may be used for adapting an equipment. (4 marks)