

**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND EDUCATION  
SCHOOL OF HEALTH SCIENCES**

**DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT**

**AUG 2013**

**HDC 2213: Health Education and Promotion**

**3 Hours**

**BONDO CAMPUS (FULL TIME CLASS) & KISUMU LEARNING CENTRE (FULL  
TIME & PART TIME CLASS)**

**EXAMINATION**

**SECTION A**

**ANSWER 10 QUESTIONS, EACH QUESTION IS 3 MARKS**

1. What do you understand by the following concepts in health and development?
  - a) Health promotion
  - b) Health education
  - c) Community health
2. Define sociology
3. List 5 Social factors that affect health
4. State three "mechanisms" of health promotion
5. Which Psychological factors affect health directly?
6. List three main methods of evaluating a health promotion program
7. State the prerequisites for health
8. The Ottawa Charter renewed health promotion thrust that focused on three strategies, Name them.
9. What is difference between the two terms?
  - a) Qualitative methods of assessment
  - b) Quantitative methods of assessment
10. What do you understand by the following terms?
  - a) Evaluation
  - b) Equity

**SECTION B**

**ANSWER 2 QUESTIONS; EACH QUESTION IS 15 MARKS**

1. Discuss strategic principles that guide Health promotion
2. Imagine you are a program officer and you have been asked to implement a Health Promotion Project. What steps would you take to ensure the success of the program?
3. Why would you use community-based participatory action research in your project? Discuss
4. Discuss the Key elements of health impact assessment (HIA)