



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF HEALTH SCIENCES
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE
IN COMMUNITY HEALTH AND DEVELOPMENT
4TH YEAR 2ND SEMESTER 2019 ACADEMIC YEAR
KISII LEARNING CENTRE

COURSE CODE: HPD 3414

COURSE TITLE: MENTAL HEALTH

EXAM VENUE: STREAM: (BSC. COMMUNITY HEALTH AND DEVELOPMENT)

DATE: APRIL 2019 EXAM SESSION: 9.00—11.00 AM

TIME: 2 HOURS

Instructions

- 1. Answer ALL Questions in section A and any other 2 Questions in section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**
- 4. Candidates are advised not to carry their mobiles to examination room.**

SECTION "A" (30. Marks)

Answer ALL Questions from this section, they are compulsory.

1. Define mental health. 2. Marks.
2. State the five characteristics that a patient with neurosis will present. 5. Marks.
3. State five (5) terms which are commonly used as a coping mechanism. 5. Marks.
4. State at least five (5) community mental health services which can assist individual with mental health issues. 5. Marks.
5. State five major areas which the Mental Health Act Cap 248, addresses. 5. Marks.
6. State the eight (8) functions of the Kenya Board of Mental Health. 8. Marks.

SECTION "B" (40. Marks)

Answer ANY two (2) Questions from this section

1. Discuss on how a community health worker can initiate or organize and administer a community mental health programme in an area where he or she works. 20. Marks.
2. Discuss on how a community health worker can promote mental health. 20. Marks.
3. Discuss the specific factors which influence individual's mental health. 20. Marks.
4. Discuss on Depression: Using the followings: Definition, types, signs and symptoms, management of the condition. 20. Marks.