



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY  
SCHOOL OF HEALTH SCIENCES**

**UNIVERSITY EXAMINATION FOR THE DIPLOMA OF  
COMMUNITY HEALTH AND DEVELOPMENT**

**2<sup>ND</sup> YEAR 1<sup>ST</sup> SEMESTER 2018/2019**

**KISUMU CAMPUS**

---

**COURSE CODE: HDC 2212**

**COURSE TITLE: COMMUNITY BASED COUNSELLING**

**EXAM VENUE: DIPLOMA IN COMM HEALTH AND DEVP**

**DATE: 12/08/19**

**EXAM SESSION: 9.00 – 10.30AM**

**TIME: 1.30 HOURS**

---

**Instructions:**

- 1. Answer all questions in section A and any other 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room**

**SECTION A: Answer all questions in this section (30 marks)**

1. Explain
  - a) Advantage of Community Counselling.
  - b) Why it is important for the Counsellor to be Ethical during practise.
  - c) The reason why you would encourage the practice of Active Listening. (3 Marks)
2. State the Three Levels of listening in Counselling. (3 Marks)
3. State
  - a) The importance of Questioning Skill in Counselling (1 Mark)
  - b) Two Types of Questioning in Counselling (2 Marks)
4. Describe the structure of Human mind and personality as used in Counselling.(3 Marks)
5. Briefly explain
  - a) The difference between Guidance and Counselling. (2 Marks)
  - b) Why you would advocate for the application of open ended questions in Counselling (1 Mark)
6. Mention any Three Psycho Sexual stages (3 Marks)
7. Explain the Term SOLLER as used in Counselling (3 Marks)
8. Mention any Three Elements of Self Concept. (3 Marks)
9. What is your understanding of the following:
  - a) A "theory":
  - b) Transpersonal:
  - c) Why Counselling Theory?: (3 Marks)
10. List any Six Self Awareness Questions that an individual can ask himself for an indepth understanding of who one is (3 Marks)

**SECTION B Answer any two Questions (30 Marks)**

11. Counselling may lead to therapy during the interactions. Discuss the various stages in which the counselor will support the client to go through. (15 Marks)
12. Discuss
  - a) Why you would encourage a friend to go for Counselling(8 Marks)
  - b) The Skills that a Counsellor would use during this time that she/he is offering Counselling Services. (7 Marks)
13. Theories provides basis upon which counselling practice is founded; Psycho-Analytic theory was founded by a Jew who lived in Germany, the fother of psychology.
  - a) Explain its Basic Assumptions (5 Marks)
  - b) Psycho-sexual stages (10Marks)
14. Discuss on the Ethical Principles of Counseling and highlight on the benefits. (15 Marks)