



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**SCHOOL OF HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR DEGREE OF BACHELOR OF SCIENCE**  
**PUBLIC/COMMUNITY HEALTH AND DEVELOPMENT**  
**3<sup>RD</sup> YEAR 2<sup>ND</sup> SEMESTER 2018/2019 ACADEMIC YEAR**  
**KISUMU CAMPUS**

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**COURSE CODE: HCD 3321**

**COURSE TITLE: COMMUNITY BASED CONSELING**

**DATE: 15/08/2019**

**EXAM SESSION: 2.00 – 4.00 PM**

**TIME: 2.00 HOURS**

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**Instructions:**

- 1. Answer all the questions in Section A each contain 3 marks and ANY other two questions in Section B each contain 20 marks**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

## SECTION "A"

1. Describe three therapeutic techniques in community based counseling. (3 marks)
2. State three responsibilities of a therapist in community based counseling. (3 marks)
3. Describe at least three principles of counseling. (3 marks)
4. Give three reasons why the skills of attending, observing and listening have to be practiced throughout all the stages of the counseling process. (3 marks)
5. State and describe three support skills in counseling. (3 marks)
6. Describe the Maslow's Hierarchy of needs. (3 marks)
7. Behavioral counselling is based upon theoretical assumptions, describe at least three assumptions. (3 marks)
8. Describe the importance of counseling skills in a counseling session. (3 marks)
9. Give three reasons why you would advocate for confidentiality as a community based expert. (3 marks)
10. Highlight the meaning of structuring and describe two types of structuring in community based counseling. (3 marks)

## SECTION "B"

- 1a). Discuss the psychoanalytical theory of counseling. (10 marks)
  - b). Discuss the levels of consciousness according to Sigmund Freud. (10 marks)
- 2a). Discuss the logic for community based counseling in Community Health and development. (10 marks)
  - b). Illustrate five most common ego defenses. (10 marks)
- 3a). Illustrate the personality structure. (10 marks)
  - b). Describe Freud's psychosexual stages of personality development. (10 marks)