



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF HEALTH SCIENCES

UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE

PUBLIC HEALTH/COMMUNITY HEALTH AND DEVELOPMENT

4th YEAR 2nd SEMESTER 2018/2019 ACADEMIC YEAR

KISUMU CAMPUS

COURSE CODE: HCD 3421

COURSE TITLE: MENTAL HEALTH

DATE: 16/08/2019

EXAM SESSION: 9.00 – 11.00 AM

TIME: 2.00 HOURS

Instructions:

- 1. Answer all the questions in Section A and 2 questions in Section B.**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

SECTION A: 30 MARKS

1. Define mental health according to the World Health Organization. (3 marks)
2. Name **THREE** major factors contributing to mental health problems. (3 marks)
3. State **THREE** eating disorders. (3 marks)
4. Explain the difference between hallucinations and delusions. (4 marks)
5. List **TWO** effective measures available to treat mental illness. (2 marks)
6. State the applications of epidemiological approach to the field of mental health, (5 marks)
7. List **FOUR** Key issues in mental health service delivery. (4 marks)
8. List **FOUR** barriers to mental health service delivery. (4 marks)
9. Define mental health policy. (2 marks)

SECTION B ESSAY. ANSWER ANY TWO QUESTIONS (40MKS)

10. With relevant examples discuss **FIVE** major classifications of mental disorders. (20 marks)
11. Discuss the significance of life-course to mental health. (20 marks)
12. Discuss the process of developing a mental health policy. (20 marks)
13. a) Explain **FIVE** major components of the mental service package. (10 marks)
b) Explain how mental health issues are related to and can be integrated with reproductive health, conflict and primary health care. (10 marks)