

HMP 5129: COMMUNITY-BASED HEALTH CARE

This paper has six (6) questions.

Each question is 15 marks

Answer any four questions.

1. Discuss the **Four (4)** types of evaluations which are often employed for effectiveness of community-based healthcare programme **(15 marks)**.

2. Integrated Management of Childhood Illnesses (IMCI) was introduced in 1992 in response to the increase in infant and child mortality rates in developing countries despite the implementation of vertical programme. Discuss your role as a Public Health expert in the implementation of the community/household component of IMCI. **(15 marks)**

3. Adolescence is a period of transition between childhood and adulthood in which the body develops in size, strength, and reproductive capability. Outline the reasons why adolescent health should be one of the focuses of health promotion. **(15 marks)**

4. a). What are the public health implications of iodine deficiency disorders (IDDs) **(8 marks)**

b). Discuss ways in which IDD's can be prevented in communities **(7 marks)**

5. Discuss at least five practical implementation challenges in comprehensive community and home-based health care in Nyanza region. Suggest sustainable solution in each case **(15 marks)**

6. Discuss Nutritional requirements in pregnancy and lactation and their deficiency implications on health of the mother and of the baby **(15 marks)**.