

**SCHOOL OF HEALTH SCIENCES**  
**UNIT TITLE : COMMUNITY BASED COUNSELLING.**  
**UNIT CODE : HDC2212**  
**TIME 11/2 HRS.**

**END OF SEMESTER EXAMINATION 2012-013 ACADEMIC YEAR.**

**Instructions to candidates :**

**Answer three questions. Question One is compulsory.**

**QUESTION ONE**

- (a) Explain THREE special situations in HIV counselling? (3 marks)**
- (b) Discuss the benefits of psychological preparation for surgery. (17marks)**
- (c) Describe Five categories of people that need to be counselled on HIV/AIDS. (10 marks)**

**QUESTION TWO**

- (a) What is the distinction between counselling, psychotherapy and guidance.(10marks)**
- (b) Explain Five(5) characteristics of an HIV counsellor. ( 10 marks)**

**QUESTION THREE**

- a. What are the common stresses associated with surgery.(10marks)**
- b.justify the need for community based counselling in kenya today.( 10 marks)**

**QUESTION FOUR**

**Describe any three of the following skills required for counselling.**

- (i) Self disclosure.**
- (ii) Empathy**
- (iii)Unconditional positive regard**
- (iv) Touch . (10 marks)**

**QUESTION FIVE**

- (a).Discuss the stages involved in the counselling process. (10 marks)**
- (b). Distinguish between GATHER and SOLER skills in counselling.(10marks).**