

JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

KISII CAMPUS

DIPLOMA IN COMMUNITY HEALTH DEVELOPMENT

HDC 2217 – COMMUNITY HEALTH AND NUTRITION

END OF SEMESTER EXAM

Section A

Answer ALL questions

1. Define the following terms (3mks)
 - a) Diet
 - b) Nutrition
 - c) Health
2. List 3 fat soluble vitamins (3mks)
3. What are the functions of fats in the human body? (3mks)
4. Give 3 examples of functional proteins. (3mks)
5. List 3 cell organelles and give their functions. (3mks)
6. Give 3 elements that form the chemical composition of proteins. (3mks)
7. List 3 nutritional diseases. (3mks)
8. What are the components of good nutrition? (3mks)
9. Give 3 examples of anthropometric measurements. (3mks)
10. Give 3 components of community health. (3mks)

Section B

Answer any 2 questions.

11. Discuss the origin of unhealthy eating in the society. (15 mks)
12. Discuss the importance of breast feeding (15mks)
13. Discuss the digestion of carbohydrates (15mks)
14. Discuss the general management of a child with protein energy malnutrition.(15mks)