



**JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY
SCHOOL OF EDUCATION HUMANITIES AND SOCIAL SCIENCES
UNIVERSITY EXAMINATION FOR DEGREE OF EDUCATION DEGREE, EARLY
CHILDHOOD EDUCATION**

COURSE CODE: EEC 3422

COURSE TITLE: PHYSICAL AND PSYCHOMOTOR ACTIVITIES

EXAM VENUE: NURSERY MAIN CAMPUS

DATE:14/4/25 EXAM SESSION: 15-17.00 HRS

TIME: 2.00 HOURS

Instructions:

- 1. Answer Question ONE and any other TWO questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

QUESTION ONE

- a. Classify physical and psychomotor activities giving one example each 6 marks
- b. Discuss any two key concepts in physical and psychomotor activities 4 marks
- c. Outline any four (4) reasons for teaching physical and psychomotor activities in Early childhood education 4 marks
- d. b). Discuss any three (3) physical and psychomotor activities that children engage in during childhood (1 to 10 years) 6 marks
- e. Differentiate between gross and fine motor skills giving at least two examples in each case 4 marks
- f. Discuss any three **factors** you need to consider in selecting physical and psychomotor activities for your lesson 6 marks

QUESTION TWO

- a. a).Using Five (5) examples discuss how you would adapt games and physical activities for children with special needs 20 marks)

QUESTION THREE

- (a) Identify and list ten 10 resources for teaching physical and psychomotor activities 5 marks
- (b) Explain how you would use five (5) of the listed resources in teaching physical and psychomotor activities 15 marks

QUESTION FOUR

Discuss any Five (5) **importance of** a lesson plan for physical and psychomotor activities 20 marks

QUESTION FIVE

Discuss how the following physical and psychomotor activities can be used in learning other subject.

- (a) Drawing
- (b) Ball playing
- (c) Mosaic
- (d) Swimming