



**JARAMOGI OGINGA ODIGA UNIVERSITY OF SCIENCE AND
TECHNOLOGY**

SCHOOL OF EDUCATION

**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR EDUCATION
EARLY CHILDHOOD EDUCATION**

2ND YEAR 2ND SEMESTER 2015/2016 ACADEMIC YEAR

KISUMU LEARNING CENTRE

COURSE CODE: EEC3225:

COURSE TITLE: HEALTH EDUCATION AND HEALTH PRACTICES

EXAM VENUE:

STREAM : (BEd.ECE/SNE)

DATE:

SESSION:

TIME:

Instructions:

- 1. Answer Question ONE (COMPULSORY) and ANY other 2 questions**
- 2. Candidates are advised not to write on the question paper.**
- 3. Candidates must hand in their answer booklets to the invigilator while in the examination room.**

QUESTION ONE (COMPULSORY) (30marks) Define the following terms

- i. Health
 - ii. Health education
 - iii. Safety practices (6marks)
- a. Highlight **three** reasons why children require adequate sleep. (6marks)
 - b. Outline **five** aspects of a challenging learning environment in ECE (10 marks)
 - c. Explain any **four** reasons why some children don't get childhood vaccinations before Standard One. (8marks)

QUESTION TWO

Outline **five** causes of childhood illness and poor health practices in ECE. Give appropriate examples (20marks)

QUESTION THREE

Differentiate traditional health matters and modern health matters (20marks)

QUESTION FOUR

Highlight **FIVE** cultural taboos that impede on health and nutritional status in children in African societies. (20marks)

QUESTION FIVE

You have been invited by your Sub County Education Officer to talk to care givers and teachers on how you can create a safe learning environment in you ECE center. Highlight any **FIVE** aspects you will talk about. (20 marks)