



JARAMOGI OGINGA ODINGA UNIVERSITY OF SCIENCE AND TECHNOLOGY

SCHOOL OF HEALTH SCIENCES

**UNIVERSITY EXAMINATION FOR THE DIPLOMA IN COMMUNITY HEALTH AND
DEVELOPMENT**

YEAR 2 SEMESTER 1 SEPTEMBER-DECEMBER 2024/2025

MAIN CAMPUS

COURSE CODE: HDC 2114

COURSE TITLE: CONDUCT COMMUNITY HEALTH STRATEGIES I

EXAM VENUE: STREAM

DATE: EXAM SESSION:

TIME: 3 HOURS

WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. The paper consists of three sections: A and B
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

SECTION A: [40 MARKS]

Answer ALL questions in this section

1. Define the following terms
 - i. Community Health Strategy (2 Marks)
 - ii. Community health Volunteer/Promoter (2 Marks)
 - iii. Community Extension Worker (2 Marks)
2. Explain the meaning of CHU as applied in Community Strategy (2 Marks)
3. State **FOUR** basic training modules for Community Health Volunteer (4 Marks)
4. State **FOUR** criteria used in the selection of Community Health volunteer (4 Marks)
5. List **FOUR** Structures of Community Health Unit (4 Marks)
6. Highlight **FOUR** principles of primary health care. (4 Marks)
7. Highlight **THREE** principles of primary health care. (3 Marks)
8. State **THREE** functions of community health Units (3 marks)
9. Name **THREE** activities of a community health volunteer in tier one of Kenya Essential Package of Health (KEPH) (3 Marks)
10. Outline **TWO** factors that influence the health and well-being of the community. (2 Marks)
11. Outline the **FIVE** steps of community health needs assessment (5 Marks)

SECTION B: (60 MARKS)

This section has FIVE QUESTIONS. Attempt any THREE Questions in this section.

12. Community health Promoters serve as crucial intermediaries between health facilities and the communities they support. Their unique position enables them to enhance overall health outcomes by bridging gaps in communication, education, and access to healthcare services. Understanding the qualities that define effective community health volunteers and the roles they play is essential for maximizing their impact on public health.

- a) Explain **FIVE** qualities of a community health Promoter (10 Marks)
- b) Discuss the roles of a Community Health Promoter (10 Marks)

13. The community health assistant is directly answerable to the link facility in charge and directly supervised by a Sub-County community health coordinator.

- a) Who is a community health assistant? (2 Marks)
- b) Describe **FOUR** considerations made during the selection of a community health assistant. (8 Marks)
- c) Explain the **FIVE** responsibilities of a community health assistant. (10 Marks)

14. The community health unit health workforce works together with the people to benefit the community unit. Each personnel has a role they play in the community collaboratively.

- a) Explain how the community health unit is established. (4 Marks)
- b) Name the **FOUR** cadres of health workforce that work together for the benefit of the community unit. (4 Marks)
- c) Explain **THREE** roles of each cadre named above in the community unit. (12 Marks)

15. The Kenya Essential Package for Health (KEPH) is designed as an integrated collection of cost-effective interventions that address key issues within the community, focusing on effective communication aimed at behavior change.

- a) Identify the **SIX** life cycle cohorts (6 Marks)
- b) Discuss the **SIX** levels of Health service delivery in the health care system. (14 Marks)

16. Community participation is essential in community strategy as it ensures that the voices and needs of residents are actively integrated into decision-making processes, fostering ownership and sustainable development

- a) Explain the importance of community participation and involvement in the community Strategy (10mks)
- b) Discuss factors that hinder community participation in community strategy (10mks)

