



**JARAMOGI OGINGA ODINGA UNIVERSITY
OF SCIENCE & TECHNOLOGY
UNIVERSITY EXAMINATIONS 2012/2013
2ND YEAR 1ST SEMESTER EXAMINATION FOR THE
DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT
(MAIN)**

COURSE CODE: HDC 2213

COURSE TITLE: HEALTH EDUCATION AND PROMOTION

DATE: 20/8/2013

TIME: 9.00-10.00AM

DURATION: 1.30 HOURS

INSTRUCTIONS

- 1. This paper consists of two sections A and B.**
- 2. Answer Question 1 (Compulsory) and any other 2 questions.**
- 3. Write your answers on the answer booklet provided.**

SECTION A

ANSWER 10 QUESTIONS, EACH QUESTION IS 3 MARKS

1. What do you understand by the following concepts in health and development?
 - a) Health promotion
 - b) Health education
 - c) Community health

2. Define sociology
3. List 5 Social factors that affect health
4. State three "mechanisms" of health promotion
5. Which Psychological factors affect health directly?
6. List three main methods of evaluating a health promotion program
7. State the prerequisites for health
8. The Ottawa Charter renewed health promotion thrust that focused on three strategies, Name them.
9. What is difference between the two terms?
 - a) Qualitative methods of assessment
 - b) Quantitative methods of assessment
10. What do you understand by the following terms?
 - a) Evaluation
 - b) Equity

SECTION B

ANSWER 2 QUESTIONS; EACH QUESTION IS 15 MARKS

1. Discuss strategic principles that guide Health promotion
2. Imagine you are a program officer and you have been asked to implement a Health Promotion Project. What steps would you take to ensure the success of the program?
3. Why would you use community-based participatory action research in your project? Discuss
4. Discuss the Key elements of health impact assessment (HIA)